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THE OTTAWA JEWISH

Bulletin



MARCH 8, 1999

VOLUME 63, NUMBER 10

ADAR 20, 5759



Geri Migicovsky



Elissa Iny



Naomi Levitz

Women's Division SIB plans a multi-generational tribute

Three outstanding women in the community will be part of a multi-generational tribute sponsored by Women's Division, State of Israel Bonds at 11:30 am on Sunday, April 25 at the Westin Hotel. The guests of honor are Geri Migicovsky, Elissa Iny and Naomi Levitz.

"Each of the dedicated honorees has contributed enormously to the quality of Jewish life in our community," says Naomi Lipsky Cracower, chair of Women's Division. "They have brought

their own brand of creativity and style to the many organizations they have served and justly deserve this koved."

Event Chair Alyce Baker is planning a unique and sumptuous springtime buffet luncheon. The guest artist will be announced in the near future as well as a new State of Israel Bond instrument that will be available for purchase in March. The entire community is invited to attend. Watch the *Bulletin* for further details.



Zvika Hadar and Esti Zackheim are David and Batya in *Pick a Card*, one of two films to be shown at this year's Israeli Film Festival on Saturday, March 20, at the Canadian Museum of Civilization in Hull.

(See story on page 4.)

"I am so grateful Hillel Lodge is here for me," says appreciative resident Eva Epstein

By Cynthia Nyman Engel

She was born on June 6, 1904 in Ogdensburg, New York, smack dab in the middle of the 10 Cornblat children, and grew up in Smiths Falls, "Where," she explains, "my father was in secondary materials."

Then, with a twinkle in her eye, 94-year-old Eva Epstein adds, "He was a junk dealer."

Coming from such a large family guaranteed, all through her life, that there were always plenty of people around. "So I never had the feeling I was going to be left alone," she says.

But today Eva Epstein is alone. And, being alone, the widow of the late Samuel Abbey Epstein and the sole surviving member of the original Cornblat clan readily acknowledges, "I cannot imagine living alone. I

am so grateful that I had Hillel Lodge to come to."

As a resident at the lodge, Eva Epstein can relax and enjoy the company of fellow residents, secure in the knowledge that kind and caring staff are always there to respond to all her needs.

"I am very well cared for here at Hillel Lodge," says Mrs. Epstein. "The care here is excellent. The meals are good and they are kosher. The rooms are comfortable. We have a synagogue here, and the people are friendly."

"It's not an exciting life but it's a very secure life," she says with obvious contentment. "I find it very fulfilling. I've had the same friends for years and," she says, smiling her charming smile, "we are all getting older at the same time."

Mrs. Epstein held a responsible job in an insurance firm until she was 75. She chuckles at the memory of obtaining her skills from the Kent Street school for secretaries which bore the lofty name of 'The School for Higher English and Applied Arts.'

Both she and her husband Sam, a travelling salesman, were active in Jewish communal life. Although, the sprightly nonagenarian admits, as a young woman she had never anticipated giving a Jewish seniors' residence as her home address.

"I remember that our Emunah Chapter held meetings here and that I was involved with the Women's Auxiliary of Hillel Lodge," she says. "Other than that I don't remember giving Hillel Lodge much thought. But

(Continued on page 18)

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COMMENTARY

Perception, reality and the community



VAAD REPORT

BARBARA FARBER
PRESIDENT, VAAO HAIR

If you were asked by a non-resident of Ottawa to describe the Jewish community, how would you respond? Sometimes we do not always see ourselves the way others do. I know how I would like us to be perceived. But as we are all aware perception and reality are usually worlds apart.

Often I still see us as the tight-knit, small community where everyone knows everyone else as well as everyone else's business. But the reality is, "it ain't so!" The latest demographic study told us that the Jewish community is approximately 14,000 in number. I wish I could have used the expression 14,000 strong but I can't. Many of our members feel disenfranchised and unconnected. Far from feeling welcome and comfortable, they feel apart and alone. Why?

Jewish Family Services did an admirable job of defining for us over the last couple of years the tremendous poverty that exists within our community. The response from you and from the Vaad was immediate. The Social Action Committee at Agudath Israel rushed to take up the challenge and the Kosher Food Bank was born. Unfortunately, it has been an overwhelming success and is both well stocked and well used.

The Tikvah Fund was established to help families with emergencies as well as some ongoing needs. It has recently been funded through a UJA allocation of up to \$50,000 upon the strong recommendation of the Officers and Executive of the Vaad.

We are now coming to the realization that we don't know everyone anymore; we are not as close-knit as before and we certainly don't know everyone else's

business anymore. And there are those among us who need our help morally and financially.

Pride is a very precious human commodity. But often it can be the obstacle that can further isolate and disconnect a family from its community. Lack of awareness of a problem on our part is regrettable, but insensitivity to its existence can be devastating to those affected.

Unfortunately, many of us are guilty. We joke about how expensive it is to be Jewish. Have we unavoidably made it too expensive for some? Membership and tuition fees exist. They have to in order for the shuls or agencies to survive. And, yes, there are subsidies, but there are added costs of school field trips, clothes and running shoes for the gym and the list goes on. How do we deal with the surrounding issues of those who need our help either temporarily or longer term?

We have a fairly large immigrant population. I've talked often about the rescue of Jews from the former Soviet Union but now that they're here what are we doing to help them integrate into our lives?

We have families who send their children to non-beneficiary schools and because of lack of funding, they feel alienated. Perception is sometimes that we don't care rather than we can't afford it and that priorities have to be made.

Lack of involvement or "dropping out" seems to be just too easy to accomplish.

What kind of a community would you like to be able to say we had? What's your vision? If it's one that is "hamish" and inclusive and welcoming then we have work to do.

I am pleased to report that the Vaad Executive approved the concept of a Task Force on Social Needs under the very able chair of Rona Shaffran-Tannenbaum. Their work will start immediately.

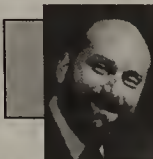
Mazal Tov to our Executive Director Mitchell Bellman, his wife Nicola and daughter Emma on the recent arrival of their son and brother Noah Elan.

The light that was in the Magen David

On a bright sunny afternoon during Winterlude, with my younger children sitting in the back of the car, I drove home from Jacques Cartier Park. I felt good having taken the time to spend a few precious hours with my children, but as we neared the King Edward Avenue/Rideau Street junction, a profound sense of sadness darkened an otherwise beautiful day. To my left I saw the once magnificent structure of Adath Jeshurun Congregation with a green sign in the front stating that this was the new home of the Seventh-Day Adventist Church.

For a brief moment, the sun and my mind played a morbid trick and I could see a light in the Magen David on the second floor. During the years this building served the community as the Chevra Kadisha Chapel, a light in the Magen David would indicate that a death had taken place and a holy corpse was in the building. However, there was no holy corpse in the building as the light would indicate. The "death" was of the building itself and its many potential uses such as a Jewish Museum similar to the one that recently opened in Paris, France.

As I made the turn onto Rideau Street, heading home, many memories passed through my mind. The saddest image of all was the knowledge that when my son David is grown and King Edward Avenue transformed into a boulevard in a larger more vibrant Greater Ottawa, with a larger Jewish community, I will not be able to climb the steps to the old building's ezrat nashim (women's section) and tell my grandchildren that many years ago their grandfather was a rabbi in a shul just like it in Duluth, Minnesota. This building, for many years, was the place where Ottawa's Jews cele-



FROM THE PULPIT

RABBI ELY M. BRAUN
BETH SHALOM

brated the coming of age of a Bar Mitzvah and the weddings of happy brides and grooms, and where the voices of the great chazzanim in prayer were heard. For me, it was a place where I said farewell to many congregants and dear friends.

I am very saddened when historical relics that should be saved for future generations are lost. I was trained as an historian at university and graduate school. I have taught Jewish history at various levels including a number of colleges and universities in the US and Canada, and I see a profound loss for future generations who will not be able to enjoy the last remaining example of turn-of-the-century synagogue architecture.

Preservation has a reason behind it. I remember the Lloyd Street synagogue in Baltimore that was for many years preserved by the Jewish Historical Society and Congregation Chizuk Amuno as a legacy to the future. Many thoughts and many memories of places around the world went through my mind, but what I remember most of that brief encounter with the chapel on King Edward as I drove by on that beautiful Sunday afternoon was my profound sadness.

The Ottawa Jewish Bulletin

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The Gilbert Greenberg Distinguished Service Award of the Jewish Community Council of Ottawa

Members of the Jewish community are invited to nominate an individual or organization for the 1999 Gilbert Greenberg Distinguished Service Award. The award, initiated in 1980 in tribute to the memory of Past President Gilbert Greenberg, is intended to recognize exceptional service to the Jewish community over the course of many years. It is the highest award the community can bestow.

Nominations shall be submitted to the Selection Committee in writing by Friday, March 26, 1999, including a resume of the individual's or organization's contribution to community life.

The presentation will be made at the Annual General Meeting of the Community on June 2, 1999. The name of the award winner will be recorded on the tablet in the Joseph and Rose Ages Family Building. A replica will be given to the recipient.

Address recommendations to Mr. Lawrence Greenberg, Chair of the Selection Committee, 1780 Kerr Avenue, Ottawa, Ontario, K2A 1R9, marked "Nominations for Distinguished Service Award."

Nominations Being Accepted for the Freiman Family Young Leadership Award

Purpose of Award

To recognize a member of the Ottawa Jewish community under the age of 40 who has contributed actively to the Jewish community in the two or more years following his/her participation in the young leadership development program, or as a young leader rendered exceptional service to the Jewish community.

Nature of the Award

The name of the individual selected to be the annual recipient of this award will be recorded on a plaque. A replica will be given to the award winner.

Nominations

Nominations shall be submitted to the Selection Committee by Friday, March 26, 1999, in writing and shall include a resume of the nominee's involvement in community life.

Nominations should be addressed to:
Freiman Family Young Leadership Award
Selection Committee

1780 Kerr Avenue, Ottawa, Ontario, K2A 1R9

The award presentation shall be made to the recipient on June 2, 1999 at the Annual General Meeting of the community.

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ORGANIZATIONS AND PEOPLE

UJA Ottawa Walkathon set for Sunday, May 30

Start getting in shape - the annual Walkathon has been set for Sunday May 30, 1999.

This year's Walk will be more exciting than ever according to co-chairs Ellen Cherney and Mark Thaw. As part of the new look there will be a contest to design the front of the Walkathon T-shirt. Entries must be submitted before March 31. Contact the UJA office for more information (798-4696 ext.250).

As always, the starting time for the Walk will be 9:00 am. However, for the first time, registration will take place at the Soloway Jewish Community Centre (SJCC). The Walk will begin with an outdoor stretch class to get your muscles ready for the long walk ahead. And for those up to the challenge, there are plans to hold the first triathlon (details to follow in future issues of the *Bulletin*).

Throughout the day there will be opportunities to participate in many of the programs offered at the SJCC, such as basketball, squash and racquetball. For

those with young children there will be a daycare service so that all members of the family can enjoy a fun-filled day.

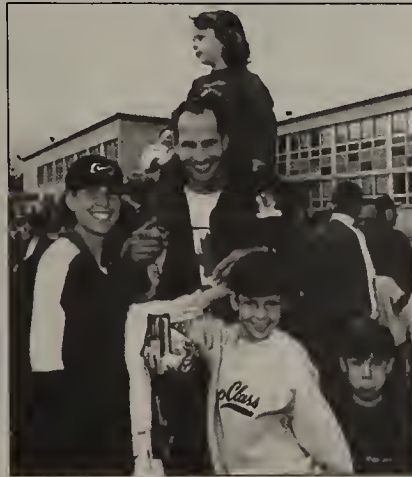
Of course, some of your old favorites will be back as well: the batting cage, the petting zoo, the rock climbing wall, the food court, clowns, the entertainment stage and the SJCC band.

The Walkathon raises over \$60,000 to help fund over 18 local beneficiary agencies and assist those in need in the Former Soviet Union and Israel. For anyone able to raise over \$10,000 a free trip to Israel will be awarded.

UJA is seeking volunteers to help make this year's Walkathon the most successful ever. If interested call the office.

Don't miss the opportunity to come out for a day of fun while at the same time helping to raise money for fellow Jews.

The Zunder family at last year's Walkathon.



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Wednesday	March 31	9:00 am - noon

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ORGANIZATIONS AND PEOPLE

Director attends screening of film about musical prodigy, Mischa Weisbord

Mischa Weisbord, a Jewish boy from Russia, was an astonishing musical prodigy and the toast of Europe in the 1920s. Critics raved about his technique and audiences flocked to hear the rising young star.

Then in 1927, when Mischa was 20 years old and the musical world seemed his for the taking, something went terribly wrong. His career went into a rapid decline and, years later, he died in poverty and obscurity in New York City.

Now the story of Mischa Weisbord's spectacular career and tragic decline has been told in an award-winning film, *Mischa*, created by his nephew David Vaisbord.

Vaisbord will be at the Joseph and Rose Ages Family Building on Tuesday, March 16 at 7:00 pm to present and discuss his film. The program is a special presentation of the Greenberg Families Library's Jewish Film Club.

Mischa, which won a Gold Apple from



Mischa Weisbord, approximately 12 years old; St. Petersburg, Russia.

the National Educational Media Network, is more than the story of one man. It is also David Vaisbord's personal investigation into the nature of genius and family mythology. Finally, the film, which was shot on location in Russia, Sweden, Brussels, Israel, England and United States, delivers an overview of 20th century history through the telling of one particular Russian immigrant's story. It is a story that resonates with audiences wherever the film has been shown.

Everyone is welcome to attend this special presentation. Admission is \$5 for Soloway JCC members and \$8 for non-members.

Israeli Film Festival features prize-winning comedy and haunting drama

The 12th annual Israeli Film Festival will take place on Saturday, March 20 at 7:30 pm at the Canadian Museum of Civilization in Hull. It is co-sponsored by the Soloway Jewish Community Centre, the Embassy of Israel and the Israel Experience Centre.

The festival offers Ottawans a rare opportunity to see contemporary Israeli films. This year, two films are featured: a poignant comedy, *Pick a Card* and a haunting drama, *Minotaur*.

Pick a Card has been the top pick of audiences at Film Festivals throughout the world. The winner of six Israeli Academy Awards including Best Film, it has garnered high praise from audiences and critics alike.

Devoid of overt politics or ideology, *Pick a Card* is a fresh, sweet comedy about ordinary people who simply refuse to be defeated by their harsh reality.

A lovable zaitig couple from the provincial town of Afula comes to Tel Aviv in search of show business success. David dreams of becoming a professional magician while his girlfriend, Batya, slaves loyally in a supermarket checkout line to keep him supplied with disappearing doves. In the manner of classic screwball comedy, the cou-

ple bicker, split and ultimately reunite, gaining a little maturity along the way.

Director Julie Shles vividly captures the local color of her characters' neighborhood and lifestyle, while exploring some larger questions such as the importance of dreaming impossible dreams, the wonder inherent in everyday life, and love as a form of magic.

The second film, *Minotaur*, is based on a novel by critically acclaimed Israeli writer Benjamin Tamuz. It is a haunting story of love, obsession and destiny.

Alex, a Mossad agent on a secret mission, meets and falls in love with Thea. Because of the danger surrounding him, he cannot begin a relationship with her. Instead he becomes her phantom admirer, unknown except for the letters and music he sends her. He believes that her love will redeem him and help him break free from his shadow world.

There will be an intermission between the two films, and light refreshments will be served.

Admission to the two films is \$18 plus GST, seniors/students \$15 plus GST. All tickets are reserved seating. To purchase tickets, call the Soloway Jewish Community Centre (798-9818, ext 300).

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ORGANIZATIONS AND PEOPLE

Canada's most senior public servant

By Paula Smith

There have been many members of Ottawa's Jewish community that have reached the most senior levels of the federal government bureaucracy, but for the first time, Mel Cappe, an active volunteer in Ottawa's Jewish community, has been appointed as Canada's most senior public servant. The position will put Cappe in the centre of the action at this critical juncture in Canada's history.

Cappe moved to Ottawa in 1975 with an MA in economics from the University of Western Ontario to work in the area of public policy with the Treasury Board secretariat of the federal government. Since then, he has held increasingly responsible positions in Treasury Board, Finance and Consumer and Corporate Affairs, before being appointed as deputy minister at Environment Canada in 1994, then deputy minister in

Human Resources Development Canada in 1996. Since January 18, 1999, he has been clerk of the Privy Council and secretary to the cabinet, the most senior position in the federal government.

Cappe faced many challenges in his illustrious career as he was rising through the ranks of the Ottawa bureaucracy. His skills as a negotiator put him at the heart of much of the constitutional agenda that has preoccupied Ottawa for the last 10 years. He was part of the team that negotiated with Quebec for the transfer of market training to the provinces. In 1995 he was the prime negotiator with the provinces over the division of powers under the Charlottetown Accord.

Recently, at the meeting of First Ministers held at the prime minister's residence to hammer out the final details of the Social Union agreement, there were the 10 pre-

miere, the prime minister and one public servant at the luncheon. Cappe's new position made him the note taker at the table, a responsibility of historical significance. He described the occasion as "fascinating" with an unprepossessing air of awe at actually being there in his capacity as clerk.

Cappe sees his public role as supporting the prime minister and the cabinet from the background and was reticent to speak of his personal aspirations in this new position. When the prime minister asked him to take on the responsibilities of clerk, Cappe is reported to have said, "Mr. Prime Minister, I look forward to helping you make Canada a better place."

Cappe has been married for 27 years to Marni whom he met while both were students at the University of Toronto. She has a masters degree in urban planning and maintains her own successful career as a



Mel Cappe

manager in the planning department of the Regional Municipality of Ottawa-Carleton. They have two children, Danny, 22, a student at Queen's University and Emily, 20, now working in Vancouver.

TTAS principal Doris Bronstein retires

After 16 years at the helm, Doris Bronstein, principal of the Ottawa Talmud Torah Afternoon School, will retire this June.

"It's time for me to move on to something else," she says, "and to make room for someone else to carry on."

Doris began working as principal of the school in 1981. Within a short period, the enrolment grew, the curriculum expanded and Talmud Torah students benefitted from the expertise and dedication of a diverse and talented group of staff and volunteers.

She considers one of her most important contributions to be the establishment of special programs at every grade level, from Kindergarten to Grade 7.

"We were the first North American afternoon school to pilot the Tel Am Hebrew Language Program," Doris says proudly of the Grade 1 curriculum.

An Oneg Shabbat program, a Bereshit celebration, a Tu B'Shevat Seder, a Havdalah ceremony, a Holocaust Studies program, a trip for graduating students as well as an innovative

program on the Jewish Life Cycle are some of the highlights of the school curriculum.

"All that - and we have a bus service too!" she explains proudly.

In Doris's honor, a fund is being established through the Ottawa Jewish Community Foundation. The income generated by this fund will benefit Ottawa Talmud Torah Afternoon School and its future students. To thank Doris for her contributions throughout her Talmud Torah career, a brunch will be held at Agudath Israel Congregation on Sunday, June 13.



Doris Bronstein

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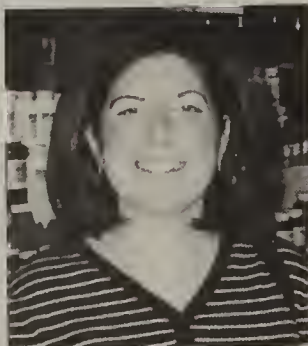
ORGANIZATIONS AND PEOPLE

News from the Ottawa Jewish Archives

The Ottawa Jewish Archives (OJA) has been celebrating recently. In late January, in addition to a new archivist, Dawn Logan, an archival assistant was hired. She is Marcia Mordfield, a recent graduate of the Archives Technician Program at Algonquin College with an honors standing and before that an Honours Degree in Anthropology from Carleton University.

Among her many interesting archival experiences, one that stands out was a student placement with the archives of the Natural History Museum of London in South Kensington, London, England. Currently, Marcia, the daughter of Nadine and Brian Mordfield, is dividing her work week between the archives of Science and Technology Museum and the Ottawa Jewish Archives.

The OJA joined in Heritage Day celebrations on February 15 at All Saints Anglican Church. Twenty-eight historical groups, all under the umbrella organization of the Council of Heritage Organizations of Ottawa (CHOO), had exhibits in the Parish Hall. The OJA brought along a



Marcia Mordfield

few photographs illustrating early days in the Jewish community. A new pamphlet, produced by the OJA outlining the background of the archives, its mandate, services, collections, future and location, was also on display.

Restoration architect identified

In the picture appearing in the Art Works column in the February issue of the Ottawa Jewish Bulletin, the unnamed man has been identified as Martin Weil.

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If you have your own copy of the *New Union Passover Haggadah*,
please bring it with you.

The following fund-raising events of under \$25,000
have been recognized by the Multiple Appeals Committee
of the Vaad Ha'Ir. The committee has also approved
the specified UJA events and a major campaign for Bikur Cholim.

Organization	Title of Event	Date of Event
Torah Academy of Ottawa	Mail-out	Nov. 30, 1998
Ottawa Torah Institute	Raffle	Nov. 30, 1998 - Jan. 12, 1999
Yitzhak Rabin High School	Chanukah Ball	Dec. 12, 1998
Keren Chaim	Face to face solicitation	Dec. 24-26, 1998
Star of David Hebrew School	Parent/Alumni Solicitation	Jan. - July, 1999
Ottawa Torah Institute	Dinner	Feb. 7, 1999
Machon Sarah High School	Play "A Shabbos Rose"	Feb. 21, 1999
Ottawa Hebrew Free Loan Society	Annual Campaign	Apr. 9-May 20, 1999
American Bikur Cholim	Parlour meeting, solicitation	April 25-29, 1999
Na'amat Ottawa	Hand in Hand Campaign	Spring 1999
United Jewish Appeal	1) 1-3 mini telethons 2) Walkathon 3) Golf Tournament	Open May 30, 1999 July 5, 1999
Ottawa Talmud Torah	Honoring Doris Bronstein	June 13, 1999
Jewish Family Services	1) Friends of JFS 2) EZRA Fund	Ongoing Ongoing
Yitzhak Rabin High School	1) Donation Cards 2) Rosh Hashanah Baskets 3) Chanukah Ball Booklet	Ongoing Sept. 1999 Chanukah 1999

All MAC approved applications and MAC recognized fund-raising events under \$25,000 will be acknowledged in the Ottawa Jewish Bulletin.

For more information on the Multiple Appeals Committee
contact Stacia Benovitch at 798-4696 ext. 234
or by email at sbenovitch@jccottawa.com

ORGANIZATIONS AND PEOPLE



JEWISH FAMILY SERVICES

Jewish Family Services looks to the community for help

By Bev Grostern

Co-ordinator of Volunteer Services

It happens usually at this time of year ... but this year seems more challenging. What I am referring to is the situation of many of our aging population who are still living on their own. Many depend on us to help them remain at home for as long as they can.

To this end we run volunteer based programs that can improve on the seniors' quality of life.

Both men and women, young and old deliver Kosher Meals on Wheels five days a week. Friendly visitors make a weekly visit and encourage their new friend to leave the apartment and to come out with them for a couple of hours. Volunteers also provide the seniors with an increased sense of security with a morning check in telephone call. And when

there is no one available to accompany a senior to a medical appointment, it is a JFS volunteer who steps in.

But now there is an increase in the numbers of senior clients who need our help and unless more concerned people from our community take an interest and offer to help, we will have to say no to many of their requests. Please give this concern some thought. If you are working, retired, a student, a stay at home parent or even none of the above, PLEASE consider how you would be able to contribute to improving the quality of life of one senior ... and we guarantee job satisfaction.

Please call me (722-2225) if I have piqued your interest at all, and we can explore the possibilities together. We can accommodate your schedule. I look forward to hearing from you.



Celebrating Purim

Colorful masks help Talmud Torah Afternoon School Kindergarten students to retell the Purim story. On February 28, all the students enjoyed the Hamantaschen baked by the Grade 7 students.

Submissions welcome! Call Myra Aronson, 798-4596, ext. 264

CLASSIFIEDS

Bulletin Classifieds Get Results

\$10.50 for 20 words; \$0.25 for each additional word.

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ORGANIZATIONS AND PEOPLE

THOSE WERE THE DAYS, MY FRIEND

By Elliott Gluck

Turning the pages of the *Ottawa Jewish Bulletin* and minutes of the Vaad Ha'ir and Talmud Torah Board among others, is turning out to be a real challenge. Although the community itself has prospered, it has changed more cosmetically than fundamentally - and the *Bulletin* itself is a shining example of this. We have a much more professional staff, we have syndicated columnists and trained reporters. We have a technically sophisticated publication, but the underlying interests of our community remain constant. We are concerned with our present and our future as Jews and as Canadians and we support wholeheartedly three precepts - learning, Tzedakah, and the preservation of our fundamental religious beliefs.

All this leads to one conclusion. As the French put it, "Plus ça change, plus c'est la même chose."

The *Bulletin* of February 9, 1949 reports on the activities of the Jewish Theatre Guild, the Music Appreciation Group, a B'nai Brith Oneg Shabbat (whatever happened to them?) The subject? "Was Columbus a Jew?" It further reported that the gymnasium of Lisgar Collegiate has been made available for Jewish sports groups. The *Bulletin* also carried considerable news of the various synagogues, a job now performed to a great extent by the individual congregations, and it had "Hatches, Matches and Dispatches" columns. Today's Condolences column is the only one still reporting free of charge for the entire community.

Minutes of the Vaad Ha'ir refer to the "War Orphans project" - I would really like to hear from anyone who can provide more information on that!

There are considerable Vaad Ha'ir minutes in 1948-49 outlining the steps leading to the approval of a Jewish Community Centre, which would go on to serve our community for the next 40-plus years. You will

find this story, and many more, in a book written by Herman Roodman and published in 1989, *The Ottawa Jewish Community; Looking Back, a Chronicle of our Community for the years 1857-1987* (5617-5747).

Let's look at the scene 25 years later, at the end of 1973 and early 1974. The minutes of the Vaad report on the upcoming Cable TV program. Do you remember its name? Its first hosts? The carrier? The *Bulletin* reports that Bora Laskin, of Winnipeg, has been appointed the Chief Justice of the Supreme Court of Canada. A new street is named, Frieman Street. What was its original name? We learn that Hillel Lodge will expand from two to three storeys, and add 19 new beds. (Today, we rejoice in the soon-to-be-built Bess and Moe Greenberg Family Hillel Lodge with 100 beds - that's progress!) State of Israel Bonds announces the appointment of Abe Klugsberg as Ottawa manager - and his wife Bert (Coopersmith) returns to her home town! The Jewish Community Orchestra is mentioned - under its most capable conductor, Armand Weisbord. Remember the chamber music at the Chateau Laurier in the main dining room? And Machzikei Hadas opens its doors in Alta Vista - with Rabbi Reuven Bulka then, as now, the inspired and inspiring 'spiritual leader'.

As a senior, it is fascinating to read about all the activities we had in the 'good old days' - drama, music, photography, study groups, clubs of all sorts. Today, we can look forward to a bigger, better series of programs offered at the Soloway Jewish Community Centre.

As this is the 25th anniversary year of the Ottawa Jewish Community Foundation, we'll talk about it in a future column.

Any suggestions about significant events, personalities, organizations? Call (798-4696, ext. 264) or drop a line to me care of the *Bulletin*!

JET Shabbaton a weekend of warmth and personal growth

Undeterred by freezing rain, 80 people gathered on the weekend of January 22-24 for the annual JET Weekend Shabbaton held at the Holiday Inn Plaza la Chaudière in Hull. They enjoyed four thought-provoking lectures presented by guest lecturer Arna Poupko, Judaic consultant for the Montreal Jewish Federation.

In raising topics of vital importance for Jewish continuity, Poupko looked at modern day Jewish life, Jewish practice and

issues that challenge Jewish unity. Participants responded with animated discussion and debate.

By the end of the weekend JETsetters were filled with more than good food. They were filled with the warmth and camaraderie of a Shabbat spent with new and old friends, and the satisfaction that comes with the opportunity to deepen one's knowledge of and commitment to Jewish life and spirituality.

Where are they now?

From 1966 to 1975, Ed Rosenthal was part of the Jewish Community Centre/Ottawa Vaad Ha'ir staff.

For the first four years, Ed served as program director of the Jewish Community Centre where he was active in helping to formulate Sunday Funday, Tween and Teen Councils, single's cocktail parties, trips to Israel, the JCC Orchestra, a choral group,

theatre guild and lecture series.

He also served as the assistant director to Hy Hochberg for the Vaad and UJA. He and his wife, Marcia, were both active in the community.

Ed had been working for 18 years as the JNF regional director in Southfield, Michigan. In October 1997, he became North American Director of Bikur



Ed Rosenthal

Cholim Hospital, Israel's first hospital.

Bone marrow registry information session, March 17

Canadian Blood Services will hold a bone marrow registry session on Wednesday, March 17 at 7:30 pm at the Joseph and Rose Ages Family Building, 1780 Kerr Avenue.

The meeting will outline what is involved in becoming a bone marrow registry member and how each individual makes a difference in the lives of bone marrow recipients.

All those in good health between the ages of 17 and 59 are invited to attend.

MAILBAG

Downtown Jewish drop-in centre needed

Dear Editor,

There is, I believe, a crying need for a Jewish drop-in centre. It would be a lively place, open in the evenings and on weekends, where Jews can enjoy Yiddish, Israeli and other music; chess, scrabble, darts and bridge; provocative speakers and films; plays, art displays, discussion groups and our own Jewish Community Concert Orchestra. It should be located downtown.

Additionally, Jews live in the East End, the South End and the North End as well as the West End. The new Jewish Community Centre for some, particularly those who do not have cars, is somewhat out in left field - although I do not quarrel with its location, essentially.

We do not need fancy digs for such a place. Perhaps room could be made next door to Beth Shalom Synagogue.

This might attract many Jewish people who now feel no real attachment to the present centre. It would also enhance involvement, a sense of pride and a motivation for financial giving. It might have a strong impact on outreach to the alienated of whom there are hundreds.

There are days when the hunger in me for Jewish company and such a place is so strong that, were it not for my children and family, I would move to Israel lock, stock and mezzuzah.

Mac Lipson

Mailbag continues on page 13.



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ORGANIZATIONS AND PEOPLE



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Early JNF films
gladdened hearts abroad

In the subterranean vault of the Steven Spielberg Jewish Film Archive on the Hebrew University of Jerusalem's Mount Scopus campus reposes a unique body of work: numerous motion pictures documenting the Jewish and Israeli experience of a century of film, produced by a large variety of organizations and individuals.

Only one organization, however, can claim to have been involved in this activity for three-quarters of that century and, arguably, even longer: the Jewish National Fund. In capturing its work in pre-State Israel on celluloid, JNF helped lay the foundations for a budding film industry.

It is not only for the visual memories of past decades that a debt is owed to JNF; the Israeli film industry had its beginnings in the work commissioned by Zionist organizations from pioneer cameramen who could not otherwise have afforded to continue in their profession. It is interesting to discover that some of the officials responsible for the work realized, even then, that they were laying the foundations of something bigger.

Relations with cameramen may not always have been smooth, nor the films produced considered successful. Yet, they have left an enduring legacy. Even some of the more inept efforts gladdened the hearts of Jewish communities abroad by instilling pride in the visible achievements of their brethren in the homeland.

The pride of JNF film production in the silent era was *Springtime in Palestine* (1928) released jointly with the Palestine Foundation Fund (PFF-Keren HaYesod). In spite of being roundly criticized in some quarters, it was viewed in no less than 56 countries.

For the most part these films were propaganda documentaries combining coverage of topical events of Zionist relevance with scenes of the progress made on the lands acquired by JNF. The reality of Jews working the land in Palestine was still a thing of wonder to their fellow Jews abroad.

The Blue Box was a star item in the 1920s, earning centre stage in a cartoon segment of a film made for JNF by Danish filmmaker Gunnar Sommerfeldt.

Three volumes of the JNF Golden Book also received star billing in a 1926 film entitled *Work and Ceremony in Palestine*. Each volume was lovingly leafed through while the camera lingered on the names of the famous. The implication was obvious: the viewer, too, could be inscribed among the illustrious.

Over the years, film has remained one of the strongest testimonies to JNF's work - though now these portraits usually talk. Since 1984 some 300 have been produced by JNF's Publications and Audio-Visual Aids Department, all on video for major events in both Israel and abroad.

A trio of B'nai Mitzvah

Mazal Tov and Yasher Koach to Joshua David Issenman, Daniel Lubienietzky and Daniel Shapero, who became B'nai Mitzvah recently. The parents of Joshua Issenman and Daniel Lubienietzky and the grandparents of Daniel Shapero chose to mark the occasion by inscribing the name of their special celebrant in the JNF Sefer Bar/Bat Mitzvah.

On a daily basis you can plant trees for all occasions. An attractive card is sent to the recipient. To order, call the JNF office (798-2411).

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Howard Pleet catches hot new wave in sound electronics

By Paula Smith

The Ottawa roots of Howard Pleet have come full circle so that the next generation, his two children, now call Ottawa their home while he divides his time between London and New York as president of Mission Electronics Inc.

"Developing a new technology, making it affordable and reliable, and bringing it to market are challenges that are faced by entrepreneurs, scientists, and engineers. Bringing it forward in a global marketplace requires special tools and skills. But the Mission Electronics technology is emerging as one of the hot new waves in sound electronics," said Pleet during a recent visit to Ottawa to help celebrate his brother Lawrence's 40th birthday.

The theory of this new sound technology, using vibration rather than piston action to reproduce the sound, permits speakers for stereos, car audio or even notebook computers, to be wafer thin so, for instance, a computer screen could contain the speaker, or an automobile windshield or a stereo tuner. NEC is already using it in notebook computers and the architectural applications are being

explored worldwide.

The company went public in 1995 and is listed on the London Stock Exchange as NXT. Its share price has risen from 30 pence to over four pounds in that short time as it signs licensing agreements all over the world for the use of its technology. The web site of the company, HYPERLINK <http://www.nxt.co.uk> illustrates the theory of sound waves reminiscent of physics classes long since forgotten.

Pleet is well ensconced in his Greenwich Village loft, a converted warehouse, with a flat in London's Hyde Park to make his time spent at the London head office more comfortable. Living at the frantic New York pace, he is up at 5 a.m. and off to the gym before the workday begins. He commutes to his office in Parsippany, New Jersey most days but frequent travel keeps him on the go. He is responsible for North American operations as well as product develop-

ment. He has become a New Yorker, though, and is on the executive committee of UJA in



Howard Pleet

New York as well as being an active member of the B'nai Brith Anti-Defamation League.

His children Daniel, 23 and Rachel, 21, both live in Ottawa and are particularly close to their grandparents, Miriam and Jack Pleet. Howard Pleet can be reached by e-mail at hpleet@aol.com.

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Members can put their membership on hold for a minimum of one month and a maximum of three months within a consecutive 12 month period following enrolment. An administrative fee of \$10 per change applies.

Changes in fees, programs, etc.

Fees, schedules, programs and hours of operation are subject to change. You will be given 30 days notice in the event of membership fee changes. The Soloway JCC reserves the right to amend policies as deemed necessary.

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The Soloway JCC reserves the right to cancel membership, without refund, for just causes, including but not limited to the following: misuse of SJCC equipment or property or knowledge thereof; damage or destruction of SJCC property; theft; failure to follow proper safety precautions and practices; harassment of any kind including sexual harassment; fighting; physical or verbal abuse; failure to pay membership fee; failure to follow SJCC policies.

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Friday.....	6:00 am - two hours before sundown	Sunday.....	8:00 am - 8:00 pm

HOLIDAY SCHEDULE

JEWISH HOLIDAYS

Erev Passover	March 31	Early Closing 3:00 pm
Passover	April 1 & 2	Closed
	April 6	Early Closing 3:00 pm
	April 7 & 8	Closed
Shavuot	May 20	Early Closing 5:00 pm
	May 21	Closed

CIVIC STATUTORY HOLIDAYS

We Are Open

Easter Sunday	April 4	8:00 am - 5:00 pm
Victoria Day	May 24	8:00 am - 5:00 pm
Canada Day	July 1	8:00 am - 5:00 pm
Civic Holiday	August 1	8:00 am - 5:00 pm

GANON PRESCHOOL

1111

Ganon Preschool Manager: Joy Levine, ext. 280

The Sojoway JCC Ganon Pre-school promotes the belief that children learn best in a warm, nurturing environment. We strive to assist each child in reaching his or her own comfort level away from family members and to subsequently experience opportunities for diverse learning. As Early Childhood educators, we are dedicated to providing our children with opportunities to develop their own creative, cognitive, social, emotional and physical selves.

Boker Tov -

Early Morning Care

Available to ALL school ages

Early morning care will be available for those parents who begin an early work day. Children will have a free play period and then be escorted to their appropriate classes within the JCC facility or to Hillel Academy. Pre-registration is mandatory. A minimum of 5 children is required to run this service.

Monday to Friday, 7:45 - 8:30 a.m.

Spring: April 13 to June 25

Supervisor: Jennifer DeVries

Cost: \$156M/\$269NM

BTC3101

PRESCHOOL

For Children aged 3 - 6

Programs run throughout the school year
Spring - Apr. 13 to June 25

Bereshith

Age 3

Bereshith provides a warm and nurturing environment for your child to develop age-appropriate preschool readiness and social skills. Hebrew, French, library and gym will be integrated into an innovative and thematic based curriculum.

Mon., Wed., Fri./Tues., Thurs./Mon. to Fri.
8:45 - 11:30 a.m. (supervision from 8:30)

Teacher: Jennifer DeVries

Cost: 2 days \$396M/\$440NM

BER3001

3 days \$540M/\$600NM

BER3002

5 days \$936M/\$1,040NM

BER3003



KINDER CARE CORNER

Ages 3 months to 6 years

Enjoy some time to yourself in the Centre while we care for your munchkin. Reservations are required to adequately staff this service.

Mon to Fri: 8:30 - 11:30 a.m.

Sunday: 8:30 - 4:30 p.m. (reservations for Sunday must be made 48 hours in advance)

Annual Pass: \$150/child unlimited use

2-hour limit per use

Monthly Pass: \$15/child unlimited use

2-hour limit per use

Individual Use: \$5/maximum of 2 hrs

**Respite Child Care Program
coming soon!**

Garinim (AM)

Age 4

Garinim provides an exciting experience for your child using an integrated thematic approach to play and learning in English, French and Hebrew. This program also gives your child the opportunity to participate in specialty programming such as library, arts and movement, gym, multi-media crafts and more.

Mon., Wed., Fri./Tues., Thurs./Mon. to Fri.

8:45 - 11:30 a.m. (supervision from 8:30)

Teacher: Jenny Levine-Shinder

2 days \$396M/\$440NM

GAM3001

3 days \$540M/\$600NM

GAM3002

5 days \$936M/\$1,040NM

GAM3003

The Lunch Bunch

Ages 3 to 5

This supervised lunch hour will provide children with an opportunity to eat, socialize and play outside.

Monday to Friday, 11:30 - 12:30 p.m.

Supervisor: Jenny Levine-Shinder

FREE to children registered in GANON

Garinim (PM)

Ages 3 to 5

Garinim provides a stimulating, exciting program for your child using an integrated thematic approach to play and learning in English, French and Hebrew. Each day of the week focuses on a different theme utilizing specialty programming such as: swim instruction, music and movement, gym, multi-media crafts and more.

Choice of days, 12:30 - 3:30 p.m.

Teachers: Jennifer DeVries and Debra Viner

Mondays:

Hasivah Shelanu - Our Environment

This program will help your child become more environmentally aware of Mother Nature and her bounty. We will create many incredible art projects through the use of natural resources and recycled materials.

A Time to Grow Up

\$162M/\$120NM

ENV3001

Tuesdays: Hitamlut - Fantasy Fun

Your child will be encouraged to develop his/her imagination in a creative and fun atmosphere. This program also includes a 30-minute component, *All Sorts of Sports*, which will focus on specific skill development for various sports. Castles and Dragons

\$198M/\$220NM

FAF3001

Wednesdays:

Shiuk Musikah - Making Music

This program includes a one-hour music, movement and theory component, as well as instrumental-making workshops and themes revolving around music and sound. Please note: Additional cost for music teacher reflected in fees. Sounds All Around Us

\$220M/\$242NM

MAM3001

Thursdays:

Mischakey Mayim - Waterworks

This program includes a 30-minute swim instruction period and 15 minutes of free swim. The remainder of the afternoon will be devoted to activities in the classroom related to a water theme. Water Art

\$198M/\$220NM

WTW3001

Fridays: Yehadut - Jewish Joys

This program highlights the joys of being Jewish and promotes pride in our heritage. Through music, dance, cooking and crafts, your child will experience and celebrate the special festivals and traditions of Judaism.

My Synagogue

\$180M/\$200NM

YJJ3001

AFTER SCHOOL CARE

Ages 3 - 5

Children will be escorted to the Kinder Care Corner for free play and unstructured crafts after their preschool program ends. Runs throughout the school year. To register call 798-9818, ext. 300

Mon - Thurs, 3:30 - 6:00 pm

\$6 M / \$9 NM

BABES TO TWOS

Taf - Time for Two's

Age 2

This "slow separation" nursery program, with gradually decreasing parent/caregiver interaction, will allow the child to develop creativity, curiosity and independence through play, art, music and more!

Monday, Tuesday, Thursday, 9:00 - 11:00 a.m.

Choose two or three days

April 13 - June 24

2 days \$280 M / \$320 NM

TAF3001

3 days \$434 M / \$496 NM

TAF3011

Musical Twos

Age 2 (with adult)

A music and movement program that will inspire the budding musician in your child.

Wednesday, 10:30 - 11:30 am

Teacher: Nancy Lockwood

Apr 14 - June 23

\$88M/\$110NM

MTA3001



Musical Babes

Ages 6-18 months (with adult)

Through song, movement, fingerplay and the use of instruments we will introduce your child to rhythm and music. A great way for parent and baby to enjoy each other.

Wednesdays, 9:00 - 10:00 am

Teacher: Nancy Lockwood

Apr 14 - June 23

\$88 M / \$110 NM

MBA3001



Shabbat Shalom Drop-in

Ages 18 months to 2 years (with adult)

Adults and children will bring in Shabbat and the Holidays together through music, movement, crafts, stories and traditional celebrations.

Fridays, 9:00 - 11:00 a.m.

April 16 - June 26

Teacher: Suzi Sauve

\$5.00

SUNDAY PROGRAMS

Bagels and Books

For preschoolers and parents

Sponsored by Soloway Wright

"Celebrity" story-

tellers read their

favourite books.

Come and enjoy a

story and a nosh

with your family

and friends. First

Sunday of each month, 11:15 - 11:45 a.m.

Mar. 7 - Cantor Daniel Benlolo; Apr. 4 - Flo-

ralove Katz; May 2 - Molly Knoll; June 6 -

Gary Barwin

Cost: FREE



Cooking with the Kinder

Ages 3 to 5

A hands-on cooking class that requires no cooking! We will create a variety of fun and edible dishes that will bring out the "chef" in all! (aprons a good idea)

Sundays, 9:00 - 11:00 a.m.

Apr 13 - June 20 (10 classes)

Teacher: Suzi Sauve

\$100 M / \$120 NM

CWK3001



AN ADVENTURE IN LEARNING

REGISTRATION TAKING PLACE NOW
FOR 1999/2000 YEAR.

For information please contact Joy Levine
at 798-9818, ext. 280.

CHILDREN

Youth Programs Manager: Ellen Miller, ext. 227



The After School Centre

When the school day is over your child can unwind in a safe and friendly setting, have a kosher snack, play some games and get started on homework. This service runs Monday to Thursday for the entire school year. Use it on a daily basis or just when you need it. Pre-registration is required.

Monday - Thursday
3:45-6:00 pm
\$6M / \$9NM

SPECIAL INTERESTS

Beading

Grades 3-6

Come out and discover the world of beads. Make great jewelry.
Mondays 4:30-5:30 pm
April 12 - June 7 (9 classes)
\$50M / \$80NM

BEA3001



Chess

Grades 4-8

Come relax with your friends after school and learn how to play a challenging game of chess!
Thursday 4:30 - 5:30 pm
April 15 - June 17 (9 classes)
\$30M / \$45 NM

CHE3001

Jewish Scouting

*The Henry Hank Torontow
39th Ottawa Beaver Colony
and Cub Pack*

Meetings take place at 881 Broadview

Coed Beavers, Ages 6 - 7

Wednesdays, 6:30 - 7:45 pm

\$55 Meeting dues - \$1.00

Leaders: Lisa Levitan, Neil Gotfrit,
Howie Osterer

Co-ed Wolf Cubs, Ages 8 - 10

Wednesdays, 6:30 - 8:00 pm

\$55 Meeting dues - \$1.00

Leaders: Aaron Cohen, Steven Shapransky,
Sharon Gotfrit

ילדים

Weaving

Grade 3-8

Wednesdays 4:30-5:30 pm

April 14 - May 26 (6 classes)

Instructor: Shirley Browsky
\$60M / \$90NM

WVC3001

Robotics

Grades 4-8

If you like LEGO you'll love Robotics camp. As a young inventor and engineer, you can build machines out of LEGO parts - including gears, wheels, motors, and sensors - then hook them to a computer and control them with programs you write yourself.

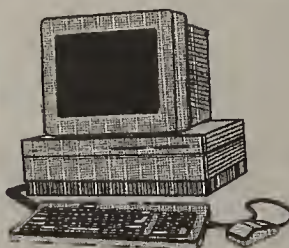
Mondays 4:30-6:30 pm

April 12 - May 24 (7 classes)

Instructor: FUTUREKIDS

\$135 M / \$150 NM

ROB3001



Web Mania

Grades 4-8

Learn to surf the Internet and how to design web pages. Kids will create their own advanced multi-page websites, along a specific theme of their choice, incorporating text, graphics, video, cool 3D animation and sound. You'll create a VRML world and learn about Dynamic HTML and the latest ways to make a site the coolest around. You too can create your own animated GIF! The finished product will be saved at the end of the course to be viewed at home on a browser or can be published to the Internet.

Tuesday 4:30-6:30 pm

April 27-June 15 (7 classes) -no class May 4

Instructor: FUTUREKIDS

\$135M / \$150 NM

WEB3001



Supersitters (11 years plus)

This course is offered in conjunction with the St. John Ambulance. It helps future babysitters prepare for the challenges of looking after children. The material covered in this course includes: safety, conflict resolution, and emergency procedures. Participants will be expected to participate in both the theory and the practical elements and successfully complete a final test covering both areas in order to receive their certificate.

Sunday 1:00 - 4:00 pm

May 9 and 16

Instructor: St. John Ambulance

\$38M / \$58NM

SUS3001

DANCE

Hip Hop Funk

Age 8 - 10

Learn some awesome moves while having a really fun time. You will learn the latest and hottest hip hop choreography.

Thursdays 4:15-5:00 pm

April 15 - June 17 (9 classes) -no class May 20

Instructor: Keren Lipnowski

\$65M / \$85NM

HHJ3001

Hip Hop Dance

Ages 11-13

Learn some awesome moves while having a really fun time. You will learn the latest and hottest hip hop choreography.

Tuesdays 4:15-5:00 pm

April 13 - June 15 (9 sessions) -no class May 4

\$65M / \$85NM

HHJ3002

Pre Ballet

Creative Movements Bet

Age 4-6

For those little ballerinas who want to learn ballet through music, rhythm, instruments and the use of simple props. Non-competitive and friendly environment. Come and enjoy the fun!

Sundays 10:30-11:30

April 11-June 20 (9 classes)

Instructor: Rebecca Cook

\$75M / \$113NM

PBC3102



Jazz III

Age 8-10

For those of you who have taken Jazz before, or have decided to give it a try for the first time, Rebecca will teach you some new steps, you'll learn new techniques and new exciting routines!

Sundays 11:30-12:30 pm

April 11 - June 20 (9 classes)

Instructor: Rebecca Cook

\$75M / \$113 NM

JAZ3001

*** IF YOU ARE INTERESTED
IN PARTICIPATING IN A BALLET OR
JAZZ CLASS THAT IS NOT OFFERED
PLEASE CALL ELLEN AT EXT. 227.
We can arrange instructors and times.

WEEKEND FUN

Potpourri

Ages 5-8

Each week we will plan a different event depending on what the group wants to do. A sampling of the possibilities includes: swimming, arts and crafts, t-shirt painting, tie-dyeing, games, outdoor fun.

Sundays 1:00-2:00 pm

March 28-May 16 (9 classes)

\$30M / \$50NM

SPJ2001

Potpourri

Ages 9-12

Sundays 2:30-3:30

March 28 - May 16 (9 classes)

\$30M / \$50NM

SPJ2002



Social Dance Grade 6-7-8

Come to the Centre to dance, meet up with friends and have an amazing time! Professional DJ, refreshments and a great party setting. Circle this day on your calendar!

Saturday March 27

8:00pm - 10:00pm

\$7M / \$10NM

MIX 4-5-6 Club

Grades 4-6

This social club meets to explore Ottawa fun spots, enjoy social activities and get together with new and old friends from all over the city. Activities take place on Saturday nights or Sunday afternoons. Don't miss out on the fun, call Ellen at ext. 227 to get on the mailing lists, or if you have any ideas!

April- Bowling

May- Laser Quest

June- Swimming

Watch for details in *Chailights*
and on posters at the SJCC.

SCHOOL'S OUT FUN'S IN

March Break Camp

Come and enjoy the good times at the SJCC. A whole week of games, sports, swimming and fun! We will be going bowling, to the museum, skating and more!

Please bring a parve lunch.

March 15-19

8:30am-4:00pm

\$30M / \$45NM per day

\$15M / \$18NM for second child

after camp care available from 4:00-6:00

\$6 first child; \$3 second child

Passover Camp

April 5/99 8:30 am - 4:00 pm

April 6/99 8:30 am - 3:00 pm

Cost: \$62M / \$93 NM (Includes both days)

After care available on Monday only

from 4:00-6:00

\$6 first child/\$3 second child

Lunch and snacks will be provided

P.D. Day Program

Ottawa-Carleton District School Board

Friday, March 26

8:30am-3:30pm

\$30M / \$45 NM

\$15M / \$18NM for second child



YOUTH ATHLETICS

Youth Athletics Manager:
Jon Braun, ext 267

After School Soccer

Grades K - 2

Run off that energy after school with your friends while you learn the basics of soccer.

Monday, 4:00 - 5:00 pm
May 3 - June 21 (8 weeks)
\$40 M/ \$60 NM



ASP3001

After School Soccer

Grades 3 - 5

Hone your soccer skills and stretch your muscles.

Tuesday, 4:00 - 5:00 pm
May 4 - June 22 (8 weeks)
\$40 M/ \$60 NM

ASP3002

After School Basketball

Grades K - 2

Learn the fundamentals of the game and practice shots, dribbles and moves.

Wednesday, 4:00 - 5:00 pm
May 5 - June 23 (8 weeks)
\$40 M/ \$60 NM

ASP3003

After School Basketball

Grades 3 - 5

Work on your moves and hoop skills with your friends.

Thursday, 4:00 - 5:00 pm
May 6 - June 24 (8 weeks)
\$40 M/ \$60 NM

ASP3004

Squash Club

Ages 12 - 16

The hottest new sport at the SJCC. Learn the basics and have a power workout every Thursday.

Thursdays, 7:00 - 8:00 pm
April 26 - June 24 (8 weeks)
\$30 M / \$50 NM

ASP3005

Gymnastics Club

Grades K - 3

An introduction to gymnastics with the emphasis on fun. Learn to do handstands, forward rolls, cartwheels and skills on the balance beam, vault and bars.

Sunday, 1:00 - 2:30 pm
April 25 - June 20 (9 weeks)
\$55 M/ \$75 NM

JGY3001

Coming up in the summer ...

Basketball Camp

Ages 11 - 16

Taught by university athletes and coaches
August 23 - 27

\$200M/ \$280 NM

BBC4001

Sports Birthday Parties

Sunday afternoons
881 Broadview gymnasium

If you and your friends like sports, this is a great way to celebrate your birthday!

You pick the sport - basketball, floor hockey, soccer.
We take care of the rest.

Cost: \$100

To arrange your party, call Jon at ext. 267.



HAPPY BIRTHDAY

THE SOLOWAY JCC IS IN THE BIRTHDAY BUSINESS

We offer great parties at great prices!

Simcha Mitzuyenet:

one hour activity, decorated party room, one party coordinator, birthday cake, drinks and snacks, paper party goods, loot bags
\$10/child M \$13/child NM*

Simcha Niflea:

one hour activity, decorated party room, one party coordinator
\$8/child M \$11/child NM*

Simcha G'dolah:

one hour activity, one party coordinator
\$6/child M \$9/child NM*

*Minimum 10 children

A \$36.00 deposit must be received by the SJCC within 24 hours of booking your party. The balance must be made on the day of the party.



Get into the Act!!

The Soloway JCC is pleased to announce a collaboration with



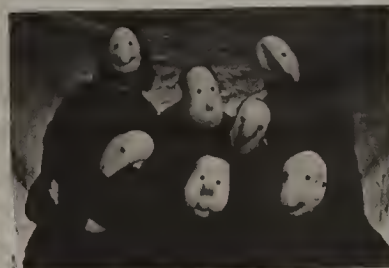
OSSD has a wealth of experience in the teaching of drama to children, youth, and adults in the Region. Starting in January, 1999, an OSSD instructor, under the guidance of Artists Director Natalie Stern, will teach our drama classes.

Drama Works

Ages 6-8, 9-11

Working with their peers, children learn, through dramatic play, to convey ideas, feelings and emotions. Drawing on books, poetry, music and art, they learn to analyze, critique, and draw reasoned conclusions from what they see and hear.

Drama Works introduces students to active and thoughtful role playing, as well as to work in Theatre Games, Mask, Movement, Improvisation and Creative Speech. By engaging in these learning areas, students acquire listening, thinking, speaking, problem solving and decision making skills. The dramatic process will, over time, encourage the students towards a greater confidence in themselves and help to build a stronger sense of initiative, responsibility, commitment and creativity.



Creating a Character

Ages 12-13, 14-16

(This program would require participants to register for two 8 week sessions to allow for all the work to be developed.)

This course is for students who wish to explore the practical and performance aspects of Theatre. Participants will develop an awareness of their performance skills and abilities while working co-operatively to present their work at the end of the session.

Topics covered:

Improvisation - Building skills and creating the who, what and where of character. A variety of fun theatre games and exercises are used to teach techniques and strategies for improvising a scene from beginning to end.

Movement - Looking at non-verbal ways to develop character and create the physical expression of place, character and emotion.

Voice - Understanding the importance of voice in theatre

Participants will have the opportunity to apply the skills learned, by developing a performance piece based on performance text. The group will present its "work in progress" at the end of the second 8 week session.

While having fun, participants will learn about acting and performance. The emphasis is on doing. Each class will involve individual and group participation.

Thursdays, April 15 - June 10 (no class May 20)

4:15 - 5:30 pm - ages 6-8

5:30 - 7:00 pm - ages 9 - 11

7:00 - 8:30 pm - ages 12 - 13

8:30 - 10:00 pm - ages 14 - 16

\$90 M/ \$125 NM

14 participants maximum per class

Registration Deadline: April 6

OSS3001

OSS3002

OSS3003

OSS3004

TEENS

Youth Programs Manager: Ellen Miller, ext. 227
Youth Athletics Manager: Jon Braun, ext. 267

Hip Hop

Grades 9-13

This class consists of a series of hip hop/funk jam moves which are linked together into a routine combination. By the end of each class you will have had a great aerobic workout and learned a variety of fabulous moves which will enhance your dancing skills.

You're guaranteed to have an amazing time!

Sundays 6:30-7:30

April 11-June 13 (8 classes)

Instructor: Keren Lipnowski

\$50M / \$75 NM

HHA3001

Creative Writing Group *New* for Teen Girls

Grades 9-13

Tap into your imagination and creativity, and learn how to share your life's observations with other teens interested in the art and magic of writing. Story-telling, poetry, journal writing, and teen thought will be explored, as well as magazines and "Zines" written by teens for teens. We will also discuss how teen writers become published, and what it takes to become a better writer (in a supportive, non-critical atmosphere). This is a "pro-girl" group, dedicated to the ideas and experiences of young female writers or those wishing to write and share their thoughts. It will be led by published writer, journalist, and poet, Erica Weingart, who will share with you some of the secrets of the writing process as you explore the surprising twists and turns of your own mind.

Thursdays 7:30-8:30 pm

April 15-June 10 (8 classes)

\$50 M / \$75 NM

CRE3001

Lacrosse Club

New

Ages 13 - 16

Skill, speed, stamina—lacrosse has it all! Don't miss out on the furious action this spring at the SJCC gym.

Tuesdays, 7:00 - 8:00 pm

May 4 - June 22 (8 weeks)

\$40M/ \$60 NM

LAC3001

Squash Club

Ages 12 - 16

The hottest new sport at the SJCC. Learn the basics and have a power workout every Thursday evening.

Thursdays, 4:00 - 5:00 pm

April 26 - June 24 (8 weeks)

\$30M/ \$50 NM

SQA3001

Kickboxing/Self-defense

See Fitness page 10

B'nai Brith Youth Organization For youth in Grades 9 - 13

BBYO is divided into two groups: Aleph Zadik Aleph (AZA) for boys and B'nai Brith Girls (BBG) for girls.

BBYO offers youth an opportunity to grow in many different ways. In BBYO, there is something for everyone, including social, athletic, cultural, religious, and community service programs. New members are always welcome. For information call: AZA - Stuart Rothman, 726-0010; BBG - Natalie Abenhaim, 721-6023.

נוער



TEEN LOUNGE

*A special place just for teens
at the Soloway JCC.*

Equipped with a pool table, stereo equipment, television and lots of comfy seating, this is definitely the spot to meet up with your friends and make new friends.

Teen Lounge Policies:

In order to use the Teen Lounge you must

- be between the ages of 13 and 19*

- be a member of the Soloway JCC

(membership card required)

or you can pay a drop-in fee (\$1.00) at the

front door and get your hand stamped.

Hours of Operation:

Mon - Thurs, 12:00 - 9:00 pm

Friday 12:00 - Shabbat Closing

Sunday 12:00 - 5:00 pm (Pre-teens)

5:00 - 8:00 pm (Teens)

Introduction to Weights and Fitness

For teens aged 13 - 15

See Fitness page 10

Coming up ...

'Chat Rooms'

New

for the Teenage Soul

All 'chat rooms' will take place in the Teen Lounge from 7:00-9:00

April 12 - Social Skills - Learn how to work well with others by developing conflict resolution and team building skills. No matter what summer job you are heading off to, you could always benefit by polishing up your communication and listening skills.

Cost: \$1

May 10 - Card Making - We will supply the cards, the stamps and all the needed accessories. Bring your friends and come learn some great techniques. No artistic ability necessary. You'll be amazed at what you can do!

Cost: \$2

June 7 - Healthy Eating - Are you concerned about being healthy? Do you wonder what foods are good or bad for you? Do you have any friends whom you think have an eating problem? Are you interested and want to hear more?

Cost: \$1

Watch for more

upcoming citywide events:

- Pool Party in May

- Baseball Tournament and BBQ in June

SOLOWAY JCC SUMMER CAMPS 1999

**Early Registration Bonus
Register by April 12**



*Welcome to the Soloway JCC Summer Camp
a place where dreams are made
and memories last a lifetime*

At the Soloway JCC *every* kid is a special kid. Each child is unique and our aim is to provide each one of our campers with a safe and happy summer - full of friends, fun and new learning experiences.

We offer a quality program which promotes our campers' personal and social growth while developing their interests and skills. We do this in an atmosphere that is warm, caring and rich with Jewish culture, encouraging children to develop a sense of pride in their Jewish heritage.

Our staff members are qualified, mature, caring and full of enthusiasm. Our directors are professionals with a deep commitment to quality programming.

We have that special *ruach* (spirit) and we guarantee that it is contagious!

With the expansion of our program into the new SJCC facilities, we can offer your child even *more* exciting experiences this summer.

SJCC CAMP MANAGEMENT - 798-1818

Staff /Parent Liaison Director:	Elayne Schachter	ext. 276
Program Director:	Ellen Miller	ext. 227
Hapoel Sports Camp Director:	Jon Braun	ext. 267
Aquatics Director:	Robin Jordan	ext. 279
Chalutzim Director:	Joey Lyman	
Administrative Director:	Brenda Schafer	ext. 265
Camp Advisor:	Rhona Levine	ext. 253

*See details on page 7 of this Guide.
Many new exciting programs for all ages.
Call today for a Camp Brochure.*

SOLOWAY JCC SUMMER CAMPS 1999

K' TON TON PRESCHOOL CAMP

3-year-olds - Must be 3 by June 30, 1999. Must be toilet-trained and have some experience in a group setting.

4-year-olds - Entering JK

5-year-olds - Entering Senior Kindergarten
K'ton Ton Preschool Camp offers a fun-filled first camp experience for the young child with age appropriate activities.

Three- and four-year-olds - A program designed just for their needs. This includes daily Red Cross swim instruction or water orientation. Sports, arts & crafts, music, puppetry, games, free play and Judaica are also part of the program.

Five-year-olds - These older preschoolers will participate in our Giborim Camp programming with activities and skill instruction designed for their growing five-year-old minds and bodies. Activities include: sports, arts & crafts, theatre arts, mad science, *Ruach* (songs and Jewish themes), swimming twice a day (one period of swim instruction and one period of free swim), creative play and special time with their own groups. Special theme days, outings and Friday Oneg Shabbats round out a full camp program.

GIBORIM CAMP

Junior - Entering Grades 1 - 3

Senior - Entering Grades 4 - 6

Fun, learning and friendship in a very full day of camp activities which includes: Red Cross swim instruction, free swim, arts & crafts, sports, drama, mad science, *ruach* (songs and Jewish themes), group activities, field trips, our famous theme days, and an optional overnight. **New this year** - computers, aerobics and fitness, music, racquetball, and friendly inter-camp competition. It's a well-rounded program designed to make every child a happy camper!

CHALUTZIM CAMP

Our new Preteen Explorer Travel Camp

Entering Grades 7 - 8

This co-ed program with a full range of camp activities is designed to appeal to young teens aged 12 and 13. The program will be semi-structured, flexible -- and a lot of fun. Campers will be actively involved in the planning of their daily activities such as Red Cross swim instruction, sports, outings and various activities geared to the interests of the group. Leadership skills will be developed through volunteer work, group activities and training seminars. In addition, campers will go on various tours and excursions exploring the National Capital Region.

New 2-year-old camp coming soon!

**The Camp Brochure
will be available mid March**

HAPOEL SPORTS CAMP

Junior - entering Grades 2 - 3.
Must be 7 by Dec. 31, 1999

Senior - entering Grades 4 - 7

A winner... even better in our new home at the Soloway JCC!

A comprehensive sports program designed to improve skills, develop concepts of team play and foster an enthusiasm for sports.

Activities include instruction in **traditional sports**: soccer, basketball, football, volleyball, gymnastics, softball or T-ball, badminton, racquetball, trampoline, swim instruction, lacrosse

As well, campers are introduced to **recreational-type sports**: tennis, canoeing, waterskiing, diving, mini-golf, bowling, archery, fencing, horseback riding, windsurfing (seniors only), Expos games (seniors only) and Lynx games. Fitness and Maccabi Days round out the program.

Our highly-qualified staff are chosen for their ability to work with children and make sports a fun, safe experience.

Our sports specialty staff are top-notch competitors and instructors and are all university athletes or coaches.

COUNSELLOR- IN-TRAINING

Entering Grade 9 or 10.

Must be available for entire camp season

Philosophy: The C.I.T. camp is an integral unit within the SJCC Day Camp program. The goal is to create a fun learning experience which focuses on the development of leadership skills, community work, camp life and specialized group placements.

This close-knit unit of campers will be actively involved in both camper and staff activities. Special C.I.T. programs will include overnights, city-wide day trips, swim instruction and CPR and First Aid certifications. Professional guest speakers presenting leadership workshops will create a dynamic learning experience for our C.I.T.s

Upon completion of the seven-week program, C.I.T.s will be evaluated and future employment at SJCC Day Camp will be considered.

CIT Application Deadline: May 14, 1999. Applicants will be called for interviews. Please call the SJCC at 798-9818, ext. 276 for C.I.T. application form.



ADULTS

Adult /Seniors Programs Manager: Elayne Schacter, ext. 276

Beginners Bridge Lessons

Geared to people who wish to learn Bridge or begin playing again after a long absence. Each class will consist of a lesson followed by bidding and playing practices.

Wednesdays, 1:00 - 3:00 pm

April 28 - June 16 (8 classes)

Instructor: Bill Campbell, ACBL certified

\$60 M/ \$75 NM

NBR3001

Intermediate Bridge Lessons

For people who have taken a Beginning Bridge class or those who have played the games before but want to brush up and learn modern bidding methods. Each class will consist of a lesson followed by bidding and playing practices.

Tuesdays, 7:30 - 9:30 pm

April 27 - June 15 (8 classes)

Instructor: Bill Campbell

\$60 M/ \$75 NM

Duplicate Bridge

Now at the SJCC with popular Director Dave Willis!

Thursdays, 6:45 - 9:45 pm

Starting March 11

\$5 M / \$6 NM per session



BDS3001

Drop-in Bridge

Bring your favourite partner or come out alone. Games are for all abilities from novice to expert. Everyone is guaranteed an enjoyable time!

Tuesdays and Thursdays, 1:00 - 3:30 pm

No charge for SJCC Members. Please show membership card.

\$2 for guests.

Basic Cross Stitch Workshop

Cross Stitch Cupboard is pleased to sponsor this three-hour workshop in basic counted cross stitch. This very popular form of needlework is easy and fun to do. Ellen Asherman, who manages and teaches at the store, will show you how and get you started. A floral design kit is included in the class fee.

Sunday, April 18

9:30 am - 12:30 pm

Instructor: Ellen Asherman

\$25 M/ \$35 NM

CSW3001

Join the SJCC for a trip to the

Monet Exhibit

at the Montreal Museum of Fine Arts

Thursday, April 29

Leaving the SJCC at 8:00 am sharp

Pre-registration ESSENTIAL.

Only 40 seats available.

\$36 M/ \$40 NM

(includes transportation and exhibit admission)

To register

call 798-9818, ext 300

מבוגרים

Ballroom Dancing

Impress your family and friends at your next simcha. This 8-week introductory course will teach beginners the basics of modern and Latin dances.

Wednesday, 8:00 - 9:00 pm

April 21 - June 9 (8 weeks)

Instructor: Yvonne McLeod

\$75 per couple, Members

\$100 per couple, Non-members

BLD3001

Introduction to Word Processing

An introductory course explaining the functions and features of basic Word Perfect Suite 8.0 for Windows 95.

Wednesdays, 10:00 - 11:30 am

April 14 - June 2 (8 weeks)

IWP3001

Beginners Hebrew Lessons

A 7-week introductory course in reading, writing and speaking Hebrew

Mondays, 7:30 - 8:30 pm

April 12 - May 31 (7 weeks)

\$50 M/ \$75 NM

HFB3001

Introduction to Yiddish

Learn the basics of our *Mamme Loshen*. This formal class will focus on reading, writing and conversational skills. Whether you are a beginner or someone who hasn't spoken Yiddish for many years, this course will get you started. Great for those who are presently taking our Beginner Yiddish.

Tuesdays, 7:30 - 8:30 pm

April 27 - June 1 (6 weeks)

Instructor: Chaya Leah Berger

\$36 M/ \$50 NM

YFB3001

The Yiddish Hour

This is a creative, unstructured and fun approach to using conversational Yiddish. Under the guidance of Shirley Steinberg, all participants share their knowledge.

Tuesdays, 10:00 am - 11:00 am

March 2 - June 15 (15 classes)

No class March 23

\$45 Members only

Anyone registered for the Yiddish Hour and Shir-Am pays only \$5 for the second class.

THY3001

Shir-Am: Songs of Our People

Learn and enjoy singing Israeli, Yiddish and traditional Jewish folk songs. With a repertoire of over 75 secular and liturgical songs, this fun and energetic group meets weekly and welcomes new members. Songs are sung in English, Hebrew, Yiddish and Ladino.

Tuesdays, 11:00 am - 12:00 pm

March 2 - June 15 (15 classes)

No class March 23

Instructor: Shirley Steinberg

\$45 Members only.

Anyone registered for the Yiddish Hour and Shir-Am pays only \$5 for the second hour.

SOP3001

Coming up this summer ...

**All on a Summer's Eve
It's summertime ...
and the livin' is easy
at the SJCC.**

Join us on four fabulous summer evenings of food, fun and friends.

Each Wednesday night program will have a different theme and activity - dance lessons, swim party, wine-tasting, and more.

Watch for details in *Chailights*.

YOU AND YOUR HEALTH

A Workshop series on Healthy Lifestyle

This workshop series promoting health and wellness is presented by a registered nurse specializing in nutrition and healthy lifestyle education. Topics to be covered are:

Nutrition: How to Eat For Your Health

Evaluate your own eating pattern and design a diet that will improve your health, lower your cholesterol and raise your energy level.

Heart Disease Prevention

Learn how to prevent or reduce your risks.

Supplements and Alternative Therapies

An overview of vitamins, supplements and herbal remedies, discussing both the pros and cons.

Mondays, 7:00 - 9:00 pm

April 12, 19 & 26

Instructor: Sandra Shaw, RN

\$40 M/ \$50 NM

HLS3001



THE JOURNEY TO MENOPAUSE

How to Manage the Transition Pro-actively and Positively A four-part workshop series for women aged 35 +



Menopause, which occurs for most women at around the age of 50, is preceded by a 10-15 year transition period known as the peri-menopause. The many physical changes which take place during this period can translate into overwhelming stresses for some women and difficult adjustments for many.

Sharon Kader, RN, BA, MA, (Psychology), will facilitate a four-week workshop series addressing the multifaceted emotional and physical issues that accompany the transition to menopause. The focus of the series is to provide information, dispel negative myths and stereotypes and offer up-to-date options and solutions, both through conventional medicine and alternative therapies.

Issues covered will include: depression and mood swings, fatigue, memory loss, stress, beauty and physical aging, sexuality and sexual relationships, choosing the right physician and the pros and cons of hormone therapy.

Tuesdays, 7:00 - 9:00 pm, May 11 - June 1 (4 sessions)

\$50 M/ \$65 NM

MEN3001

SENIOR GROUPS

Friendship Club

Everyone welcome. We meet each Monday afternoon for a variety of programs including speakers, entertainment, trips, chair exercise, movies, and bingos. For more information, please call Elayne at 798-9818, ext 276. For details please check Chailights.

Adults for Lively Leisure

Meets the third Thursday of each month for invigorating lunch and learn programs.

Cosponsored with Jewish Family Services

Jewish Active Seniors

For the active young senior. We offer a stimulating, varied program of activities including: speakers, discussions and outings to museums, galleries and attractions around the Region.

Upcoming programs:

Wed, March 18, 10:00 am -

Don Butler, Editor of the *Ottawa Citizen*

Tues, March 23, 11:00 am - 4:30 pm

Casino de Hull bus trip \$5M/ \$8 NM

Thurs, April 22, 10:00 am

Speaker from Elderhostel, displays and speakers

Thurs, April 29, Trip to Monet Exhibit (see ad)

Calling all seniors interested in putting on a Musical!

Production date:

October 1999

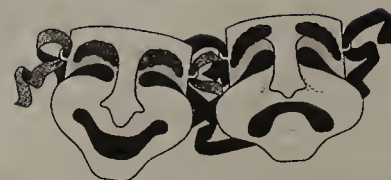
Rehearsals starting this spring.

*Would you like to
dance a little,
sing a little
and have a lot of fun?*

We're looking for singers, dancers, actors and a piano player.

Auditions: Wednesday, May 4 and Thursday, May 5

For further information please call Elayne at 798-9818, ext.276



THE GREENBERG FAMILIES LIBRARY

Librarians: Estelle Backman & Donna Guttman, ext.245

A beautiful modern facility with computers and Internet access. The Library is home to an extensive Judaica collection including best-sellers, non-fiction, reference material, Yiddish classics, magazines, learned journals, Jewish newspapers, CD-ROMs, videos and a new and growing children's collection.

Library Hours:

Monday - Thursday, 10:00 am - 8:00 pm;
Friday, 10:00 am - 2:00 pm;
Sunday, 10:00 am - 4:00 pm
All Soloway JCC Members have full library privileges.
Library Membership is also open to the community:
Family - \$25; Individual - \$18; Student - \$10;
Seniors - \$15

Library Programs

The Susan Rudner Memorial Lecture

Thursday, April 29 at 7:30 pm
presented by

Professor Martin Rudner

Topic: *Solomon's Temple: The Political
Economy of Constructing
the Central Sanctuary*
Everyone welcome. No charge.



Book Discussion Group

- Wednesday, April 21, 2:00 pm
In My Mother's House by Kim Chernin
Discussion Leader: Grace Hillel
- Wednesday, May 19, 2:00 pm
The Secret Book of Grazia dei Rossi
by Jacqueline Park

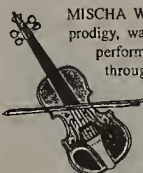


Jewish Film Club

Special Presentation

Please join us
when **DAVID VAISBORD**
presents and discusses
his new film:

MISCHA
Tuesday, March 16
at 7:00 pm



MISCHA WEISBORD, a child prodigy, was once a legendary performer to music lovers throughout Europe. Yet when he died in 1991, he was alone and impoverished. His nephew, film-maker David Vaisbord, journeys through Europe and Israel to New York City to learn about his acclaimed uncle. \$5 M/ \$8 NM. Admission to cover visiting director's travel expenses.

- Sunday, March 21, 3:00 pm
Underdogs: A War Story (Israel, 1996)
A charming documentary about Beit She'an, a working-class Israel: town seized by soccer mania. Beyond the war on the soccer field, the film is about conflict between rich and poor, small town and big city, and ultimately, between minorities and the ruling class.
- Sunday, May 2, 3:00 pm
Punch Me in the Stomach (New Zealand, 1996)
Multi-talented performer-director Deb Filler stars in this adaptation of her autobiographical off-Broadway solo show about her life as the daughter of a Holocaust survivor. Through facial expressions, accents, and mannerisms, Filler transforms herself into character after character based on the various members of her far-flung family. She recounts growing up in white Anglo-Saxon New Zealand and tells of visiting the Nazi death camps with her father. The film takes its audience from laughter to sadness and back again.



COMMUNITY-WIDE EVENTS

Let's join together to celebrate as a community! Everyone welcome.

ISRAELI FILM FESTIVAL

Saturday, March 20, 7:30 pm
Museum of Civilization
The 12th annual Israeli Film Festival features the award-winning comedy, *Pick a Card*, and the drama, *Minotaur*. Refreshments served at intermission. Come out and see the best of Israel's contemporary cinema.

YOM HASHOAH

Tuesday, April 13, 7:30 pm
Beth Shalom Synagogue, 151 Chapel
A solemn commemoration of the Holocaust.

WOMEN'S HEALTH FAIR

Sunday, May 16, 9:00 am - 4:00 pm
Speakers, workshops, participatory sessions, and a health marketplace. Learn about the latest trends, get the most up-to-date information, take charge of your own health. For detail please see ad on page 11.

YOM HA'ATZMAUT

Israel's 51st Anniversary
Tuesday, April 20
Let's come together to sing, dance and celebrate!

ISRAELI FLAG-RAISING

Wednesday, April 21
Joseph and Rose Ages Family Building
Join us as we proudly raise the Israeli flag in honour of Israel's 51st birthday.

GELECHTER UN GESUNGT

Sunday, June 6, 2:00 - 3:30 pm
The Yiddish Hour Group bring you another afternoon of laughter and singing. Enjoy the unique joys of Yiddish through humour, improv skits, songs and surprises. You don't have to speak Yiddish to enjoy this program; you just have to have a Yiddish *neschoma* (soul). Translation will be provided.



The Soloway Jewish Community Centre,
the Embassy of Israel
and the Israel Experience Centre
are proud to present

The 12th Annual Israeli Film Festival

featuring

Pick a Card

Face up to the difference between dreams
and reality, but never stop dreaming

Minotaur

Based on the novel by Benjamin Tamuz
a haunting story of love, obsession and destiny

Saturday, March 20

7:30 pm

Canadian Museum of Civilization
100 Laurier Street, Hull

Cost for two films:

\$18 + GST; \$15 + GST, students/seniors

Reserved seating.
Light refreshments
will be served
during intermission.

To purchase tickets
call 798-9818, ext. 300



FITNESS

Fitness/Aerobics Manager: Carla Gencher, ext. 278

AEROBICS

The Soloway JCC offers a wide variety of aerobics classes to get you moving and keep you excited about staying fit.

Classes run throughout the year, including Christmas, New Year and March Break. No classes during Jewish holidays.

Session 3: March 15 - June 20

Session 4: June 21 - September 12

Aerobics Passes

Chai Members:

Individual \$72/year; \$18/3 month session
Family \$120/year; \$30/3 month session (Max. 2 people)

Kehilla Members & NM:

\$360/year or \$90/3 month session



SOLOWAY JCC AEROBICS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
8:30 - 9:30 am						Hi/Lo Abs 'n' Back
9:30-10:30 am	Hi/Lo Abs 'n' Back	Basic Training	100% Low	Step n' Abs	Cardio- knockout	
9:30-10:45 am						20/20/20
12:15-1:00 pm	Low'n' Abs	Step'n' Abs	Low'n' Sculpt	Basic Training		
5:30-6:30 pm	Basic Step	100% Low	P.U.M.P.	Beginner Low Impact		
6:30-7:30 pm		Cardio- knockout	Body Sculpting	Hi/Lo Hip Hop		

We are listening to your valuable feedback and have made some exciting changes!

Try out our new classes — Basic Training, Hi/Lo Hip Hop, P.U.M.P. and Cardioknockout

P.U.M.P. (People Using Muscle Power): Specific exercises using the step provide a unique platform for executing exercises that strengthen, firm, tone, develop and sculpt the body. An aerobic workout in an interval format.

BASIC TRAINING: A high energy hi/lo aerobic workout with all of your favourites like sit-ups, pushups and jumping jacks.

CARDIOKNOCKOUT: This low impact aerobics class incorporates boxing moves for fun and effect.

HI/LO HIPHOP: Come and get a great aerobic workout and learn something fresh and funky.

Rhythmic Fitness

with Doreen Keir

An ideal class for the older adult or those who are taking aerobics for the first time.

A variety of aerobic components and stretching techniques help you work towards improving your muscle tone, strength, endurance and flexibility. A supportive social atmosphere and varied music keep participants coming back.

Mon - Thurs, 9:30 - 10:30 am

April 12 - June 17 (No classes May 4, 17, 20, 21)
M \$120/yr or \$30/3 month session

NM \$360/year or \$90/3 month session

RAF3401

FITNESS CENTRE PROGRAMS

Only Chai members over the age of 16 or teens aged 13 - 15 who have successfully completed the Introduction to Weights and Fitness course are permitted in the Fitness Centre.

Programs in the Fitness Centre open to Chai Members ONLY

New Beginnings

Your first step to the new fit you! This introductory program, offered to all beginners in the Fitness Centre, teaches you proper body alignment, muscular strength and endurance exercises, cardiovascular training and stretching.

Mon & Wed, 7:30 - 8:30 pm
April 12 - June 16 (19 classes)

No class May 17

Instructor: Linda Prud'homme
Chai Member \$75

NBB3201

Tues & Thurs, 9:30 - 10:30 am
April 13 - June 17 (18 classes)

No classes May 4 & 21

Instructor: Eric Zunder
Chai Members \$75

NBB3001

S.O.S. (Strong Over Sixty)

Many older adults would like to get fit but are hesitant about using weights. We will set you up for success with a guided exercise and weight training program geared to reducing your risk of developing osteoporosis and bone loss in the coming years. You *can* stay strong and independent in your 60's, 70's and even 80's.

Mon & Wed, 10:30 - 11:30 am
April 12 - June 16 (19 classes)

No class May 17

Instructor: Carla Gencher
Chai Members: \$75

SOS3201

Introduction to Weights & Fitness

For teens aged 13 - 15

A guided course specially designed for the young teen. Participants will learn how to safely use the equipment in the Fitness Centre. The course will also cover related fitness topics such as: nutrition, healthy body weights, equipment know how and exercise plans suitable for the young teen.

Tuesdays, 4:30 - 5:30 pm

April 13 - June 8 (8 classes) No class May 4

Instructors: Liz Lesh

Chai Members: \$80

WTY3001

Sundays, 1:00 - 2:00 pm

April 11 - May 30 (8 classes)

Instructor: Liz Lesh

Chai Members: \$80

WTY3101

Women & Weights

An introduction to the equipment, principles and techniques for training with weights. Emphasis is placed on proper body form and execution of exercises while working to improve muscular strength and body tone.

Monday, 9:30 - 10:30 am

April 12 - June 14 (9 classes)

No class May 17

Instructor: Eric Zunder

Chai Members: \$65

WAW3001

Fitness Testing

Ages 16+

A complete evaluation using the Canadian Physical Activity Fitness Lifestyles Assessment guidelines. To book an appointment please contact the Fitness Desk at 798-9818, ext 288

Chai Members: \$40

FTT1001

Personal Fitness Training

Enjoy the benefits of one-to-one training with our highly-qualified Certified Personal Trainers. See results fast with an exercise program designed to your own needs, goals and desires.

Chai Members: \$40/hourly session

4 sessions for \$150 - save \$10

8 sessions for \$290 - save \$30

12 sessions for \$425 - save \$55

PFHR

PF04

PF08

PF12

SPECIAL INTEREST

Open to all Members and Non-Members

Back in Action

Over 80% of our population will experience back pain at some point in their lives. The proper exercise can prevent many back pain problems. This course will teach you the key exercises to strengthen, stabilize and stretch your spine, and incorporate back exercises into your regular workout.

Wednesdays, 7:15 - 8:30 pm
April 14 - May 12 (5 classes)

Instructor: Samantba Stergaros, physiotherapist
\$60 M / \$80 NM

BAC3401

Cardio-kickboxing

New

Kick and punch your way into great shape with this high-energy cardio workout which combines

the best of aerobics, karate and kickboxing. No experience necessary.

Mondays, 6:30 - 7:30 pm

April 12 - June 10 (8 wks)

No classes May 17

Instructor: Sonia Muller-Lak

\$50M/\$70 NM

TAE3001

Karate Kids

Ages 7 - 13

Learn Karate techniques in a class which emphasized non-violence and self-control. A fun way to exercise and a great way to foster personal growth.

Mondays, 4:00 - 5:00 pm

April 12 - June 14 (9 classes)

No class May 17

Instructor: Gennady Mishkis

\$65 M / \$85 NM

KJC3201

Kickboxing/Self-defence

Ages 7 - 12

Learn body balance, concentration, blocks, kicks and strikes while having a fun workout. This course will cover sparring and boxing drills, speed reaction drills, multiple attackers defence and more.

Sundays, 1:00 - 2:00 pm

April 11 - June 13 (10 classes)

Instructor: Gennady Mishkis

\$70 M / \$90 NM

KBY3001

Kickboxing/Self-defence

Develop agility and concentration and learn self-defence techniques in this exciting course. Hone your skills with sparring and boxing drills and speed reaction drills. Learn body balance, blocks, kicks, strikes, multiple attackers defence and more.

Ages 13 - 18

Wednesdays, 8:00 - 9:15 pm

April 14 - June 16 (10 classes)

Instructor: Gennady Mishkis

\$70 M / \$90 NM

KBA3001

Ages 18+

Tuesdays, 8:00 - 9:15 pm

April 13 - June 15 (10 classes)

Instructor: Gennady Mishkis

\$70 M / \$90 NM

KBA3002

Hip Hop for Adults

New

Ages 18+

Have some fun and get in shape! This class consists of a series of Hip-Hop/Funk moves which are linked together into a routine combination.

Sundays, 11:00 am - 12:00 pm

April 11 - June 20 (10 classes)

Instructor: Keren Lipnowski

\$50M/ \$75 NM

HHA3001



Tai Chi**Ages 16+**

This Chinese martial arts discipline combines the fundamentals of self-defence with beautiful continuous rhythmic movements and breathing techniques. It develops strength, flexibility and coordination while increasing cardiovascular efficiency. A great mind and body stress-reducing program.

Tuesday, 1:00 - 2:00 pm
Instructor: Amalia Weiner
April 13 - June 15 (9 classes)
No class May 4
\$65 M / \$85 NM

TCH3231

Power Yoga**Ages 16+**

Charge up your batteries for the week! Learn a series of exercises and postures which will elevate your heart rate, strengthen your body and mind and stretch every muscle from your head to your toe. Your body, mind and spirit will love you for it!

Monday, 9:30 - 10:30 am
April 12 - June 14 (9 classes)
Instructor: Janice Tokaryk
\$65 M / \$95 NM

PYO3201

Yoga**Age 16 +**

Relax your body and relieve some of that stress with Hatha Yoga. The emphasis is on flexibility, body strengthening, balance, posture, centering, breathwork and meditation.

Thursdays, 7:30 - 8:45 pm
April 15 - June 17 (9 classes)
Instructor: Gina Rubinsky
\$75 M / \$95 NM

YOG3501

CPR Heartsaver Level A New

Learn how to deal with choking, rescue breathing and cardiopulmonary resuscitation.

Sunday, April 18
9:00 am - 1:00 or 3:00 pm
St. John's Ambulance
\$30 M / \$40 NM

CPH3001

New**Running Clinic for Beginners****16+**

You've always wanted to run but have a hard time getting started.

We'll help you get started and teach you about running in all weather conditions. As well, you will learn about nutrition, goal setting, how to avoid injury and much more.

Tuesdays, 6:00 pm
April 13 - June 17 (10 weeks)
Instructor: Eric Zunder
\$60M / \$80 NM

RUN3001

Massage Therapy**Age 16 +**

The benefits of massage therapy include: stress reduction, relaxation, increased circulation throughout the body and reduced muscle tension. It can also reduce pain, swelling and inflammation, and aid recovery from injury.

\$60/hour: \$35 / 1/2 hour
To book appointment please call the Fitness Desk at ext. 288.

ATHLETICS**ספורט****Athletics & Leagues Manager: Jon Braun, ext. 267****Jewish Men's Softball League****Ages 16+**

A great way to spend your summer evenings. Newcomers looking to get on a team contact the JCC at 798-9818, ext. 267

Sun, Mon, Wed, 6:30 - 8:30 pm (16 weeks)
May 9 - September
For more information please call ext 267

Jewish Women's Softball League**Ages 16+**

The tradition continues each Tuesday at the 881 Broadview diamonds. Have a great time and make new friends.

Tuesdays, 6:30 - 8:30 pm
May - August (14 weeks)
\$70M / \$85 NM

JWS3001

Adult Lacrosse**Ages 16+**

An excellent all round workout. Try something new this spring!

Thursdays, 7:00 - 8:30 pm
May 6 - June 24 (8 weeks)
\$40M / \$60 NM

LAC3001

Co-ed Badminton

Anyone can play. This fast-paced sport combines skill and fun in a great social atmosphere

Sundays, 12:00 - 1:00 pm

March 14 - May 2

FREE for Members; \$25 NM

COB3001

Pick-up Sunday Morning Basketball

Meet the guys down in the Soloway gym and have a great run in a fun, pick-up format.

Sundays, 9:00 am - 12:00 pm

May 2 - August 15

FREE for Chai Members and JMBL players

\$60 Kehilla Members

and Non-members.

SPB4001

Couples Massage Workshop

Pelle Stenbrig is a physical therapist at CHEO who has a strong interest in massage and stress management. Come and learn about stress management, ergonomics, proper posture, relaxation and hands-on massage.

Sunday, June 13, 9:00 am - 2:00 pm
\$85 per couple M / \$100 per couple NM

Men's Summer Basketball**Ages 16+**

Work on your moves in the off season every Wednesday at the gym.

Wednesdays, 7:00 - 9:00 pm

May 5 - Aug 25 (12 weeks)

\$40M / \$60 NM

BSM3001

Coming this summer!**Adult Basketball Camp****Ages 18+**

August 23 - 27, evenings

\$100M / \$150 NM

BCA4001

**JEWISH MEN'S SOFTBALL LEAGUE**

Looking to hook up with a team or interested in starting your own NEW team?

For more information call 798-9818, ext 267



Ottawa Hadassah-WIZO
Soloway Jewish Community Centre



The Centre of Your Life

FIRST ANNUAL WOMEN'S HEALTH FAIR**Sunday, May 16, 1999****9:00 am - 4:00 pm**

*Struggling with the ins and outs of the Health Care System?
Coping with the ups and downs of daily life?
Navigating around the latest trends?*

This program is for you!

Thought-provoking Speakers
Participatory Sessions

Stimulating Workshops
Marketplace

Topics include:

Accessing Health Care Services: Making the Health Care System Work for You
Heart Disease in Women
Aromatherapy
Breast Health
Yoga
Guilt-free Parenting: An Oxymoron?
Issues of Mid-life
Healthy Eating
Complimentary Therapies
Sun, Ageing and Skin Care
Tai Chi
Women and Stress

Proceeds go to:

Hadassah Medical Centre, Jerusalem -
Human Umbilical Cord Blood Bank and Registry
Assaf Harofeh Hospital, Israel -
Vascular Surgery Department (operating theatre and ward)

For further information, please call Robin Chernick at 728-8110

**OTTAWA CITIZEN**

AQUATICS

Aquatics Manager: Robin Jordan, ext. 279



*Jump in!
The water's great!*

The new Soloway JCC
Aquatics Centre features:

a full length indoor pool with 'beachfront' ramp
an adjoining indoor shallow children's pool
a whirlpool and an outdoor pool
men's and women's sauna and steam rooms

Indoor pool and whirlpool are full accessible with
gradual ramp entry.

We offer:

- Swimming Lessons for all ages from 4 months -adult
- Private Lessons
- Complete Lifesaving Program
- CPR/First Aid Courses
- Aquafit Classes
- Recreational Swimming
- Separate Men's (Thursday night) and Women's (Tuesday night) Swim

Everyone welcome!

To register or for more information
please call 798-9818 ext 300
or visit us at 1780 Kerr Avenue

Pool Hours of Operation

Sunday	8:00 am-7:30 pm
Monday	6:00 am-9:00 pm
Tuesday	6:00 am-9:30 pm
Wednesday	6:00 am-9:30 pm
Thursday	6:00 am-9:00 pm
Friday	6:00 am- Shabbat closing

שחייה

AQUAFITNESS

Open to all Members
and Non-Members

April 12 - June 25

Day	Time	Level
Monday	10:00-11:00 am 5:15-6:00 pm	Deep Water Shallow Water
Tuesday	7:00-7:45pm	Deep H ₂ O
Wednesday	10:00-11:00 5:15-6:00pm 7:00-7:45pm	Deep Water Shallow Water Shallow Water
Thursday	6:00-6:45pm	Shallow Water
Friday	10:00-11:00am	Deep Water

Cost for 15 class card:

Chai Member - \$15
Kehilla Member - \$60
Non-member - \$90

SWIMMING

CHAI Members swim FREE

Kehilla Members and Non-Members
welcome for Public Swim.

Public Swim hours are:
Monday - Thursday, 2:00 - 4:00 pm
Friday, 1:00 - Shabbat closing

Public Swim Fees	
Child (under 12 years of age)	\$2.00
Youth (13-17 years of age)	\$3.00
Adult (18 years and older)	\$5.00
Senior (65 years and older)	\$3.00
Family (2 adults and up to 3 kids)	\$12.00

Please pay these fees at the Fitness Control Desk.

Women's Only Swim
Tuesdays, 8:00 - 9:30 pm

Men's Only Swim
Thursdays, 8:00 - 9:00 pm

Private swimming lessons available.



SWIMMING LESSONS

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Aqua Preschool 1	4:00-4:30pm
Aqua Preschool 1	6:00-6:30pm
Aqua Preschool 2	5:00-5:30pm
Aqua Preschool 3	10:00-10:30am
Aqua Preschool 3	6:00-6:30pm
Aqua Preschool 4/5	1:00-1:30pm
AquaQuest 1	4:30-5:00pm
AquaQuest 2	4:00-4:30pm
AquaQuest 2	5:30-6:00pm
AquaQuest 3	5:30-6:00pm
AquaQuest 4	4:00-4:30pm
AquaQuest 4	4:30-5:00pm
AquaQuest 5	5:45-6:30pm
AquaQuest 7/8	5:00-5:45pm
AquaQ 11/12/Ranger	4:30-5:30pm

Thursday April 15 - June 17

9 Lessons

Aqua Tots 2	9:30-10:00am
Aqua Preschool 1/2	4:00-4:30pm
Aqua Preschool 1	5:15-5:45pm
Aqua Preschool 2	5:00-5:30pm
Aqua Preschool 4	10:00-10:30am
Aqua Preschool 4	6:00-6:30pm
AquaQuest 1	4:00-4:30pm
AquaQuest 2	4:00-4:30pm
AquaQuest 2	6:00-6:30pm
AquaQuest 3	4:30-5:00pm
AquaQuest 3	5:30-6:00pm
AquaQuest 4	5:45-6:15pm
AquaQuest 5	5:15-6:00pm
AquaQuest 6	4:30-5:15pm
AquaQuest 7/8	4:30-5:15pm

Friday April 16 - June 18

9 Lessons

Aqua Tots 3	9:30-10:00am
Aqua Preschool 4/5	10:00-10:30am

Sunday April 11 - June 13

9 Lessons

AquaTots 1	9:30-10:00am
AquaTots 2	10:00-10:30am
AquaTots 3	10:30-11:00am
Aqua Preschool 1	9:00-9:30am
Aqua Preschool 2	10:30-11:00am
Aqua Preschool 3	11:30-12:00am
Aqua Preschool 4	11:00-11:30am
AquaQuest 1	9:00-9:30am
AquaQuest 2	10:30-11:00am
AquaQuest 3	9:30-10:00am
AquaQuest 4	10:00-10:30am
AquaQuest 5	9:00-9:45am
AquaQuest 6	11:00-11:45am
AquaQuest 7/8	9:45-10:30am
AquaQ 9/10/Rookie	11:00-12:00am

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April 11-June 13

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Bronze Cross	5:00-7:30pm	\$90 M/NM
Sr Resus/Bronze Med	5:00-7:30pm	\$138 N/NM manual incl.
National Life Service	3:00-7:00pm	\$160 M/NM manual incl.

ORGANIZATIONS AND PEOPLE

Glace Bay's once vibrant Jewish community faces prospect of synagogue closing permanently

By Cynthia Nyman Engel

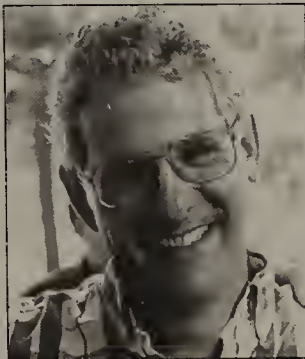
Ottawa dentist Myron Cherun, his sister and two brothers grew up directly across the street from Glace Bay's Jewish house of worship, Congregation Sons of Israel.

"Whenever they were short of a minyan they came and got us," Dr. Cherun laughs. "My mother still lives in that house so even now when I go home to visit they come and get me."

Her proximity to the synagogue naturally resulted in the appointment of Myron's 87-year-old widowed mother, Jennie Cherun, as custodian of the community's shul.

"She has a key to the building and she keeps a constant eye on it through her front window," Myron says. "If the alarm goes off or anything unusual occurs, she's the one who reports it. Another Glace Bay resident, Sidney Lipkus looks after things along with my mother."

These days, the Glace Bay Jewish Community needs the Cherun men more than ever. Back in the 1940s and 50s, when Myron was a boy, the Nova Scotia coal min-



Dr. Myron Cherun

ing town boasted a vibrant population of 75-100 Jewish families. Today the community is a skeleton crew of 15 people.

"Almost zero in the winter months,"

(Continued on page 16)

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THE WORLD

The last Jews of Lublin a once thriving community

By Merri Ukraincik

In the years before the end of communism, "The Last Jews of ..." was a popular title for books and documentaries about Jewish communities throughout central and east Europe. Mortality rates among the elderly combined with assimilation rates among the younger generation, and the mix seemed to spell extinction.

But in Poland today, these "last Jews" have proven key to finding others who were hidden out of fear, ambition or survival - indeed, to entire Jewish communities that were submerged in a 50-year darkness. It is these Jewish communities and individual Jews who are the focus of medical, community development and Jewish cultural programs sponsored by the American Jewish Joint Distribution Committee (JDC).

Yet despite the surge of activity focusing on Poland's youth, the JDC, which has been working in Poland since the First World War and made a commitment to ensure the dignity of Holocaust survivors after the Second World War, has not forgotten those towns where truly only a

handful of Jews remain.

Lublin was once an important centre of Jewish life in Poland. A 42,000-member Jewish community constituted one-third of the town's total population, and today is home to its last Jews. Only 20 individuals affiliated with the Jewish community currently remain, all over the age of 55. An optimistic estimate supposes another 40 unaffiliated individuals of Jewish origin living in Lublin now.

As the first city in Poland to be liberated after the Second World War, Lublin was a transit centre for Holocaust

(Continued on page 16)

Jozef Honig, his wife and their dog, in Lublin, Poland, where the American Jewish Joint Distribution Committee (JDC) cares for the town's 20 Jewish residents, all of whom are older than 55. Before the Second World War, the community was home to 42,000 Jews and constituted one-third of Lublin's total population.



The Silent Winter

By Elly Leyman

The wind hovers
A chilling breeze
Icicle images
on snow-clad trees

Clouds moving
in a cold, dark sky
covering glimpses
of light on high

Snowflakes leap
over icy walks,
Cold crisp breaths
clasp the chilled air

Trees cry in vain.
Tears frozen in place
on branches trembling
at a furious pace.

Tumbling down
the torrents of snow
The ground is covered,
one ubiquitous glow

Of white,
on a dark and
cold terrain
The silent sky
glistens again.

Tugging at our sleeve
a picturesque scene,
Children playing
in a winter's dream ...

Of snowy hills
and cold crisp days,
of trees reaching
for the sun's embrace.

Of echoes
from a silent sky,
guarding winter's
playground
in
spaces
up high.

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Mazal Tov!

Mazal Tov!

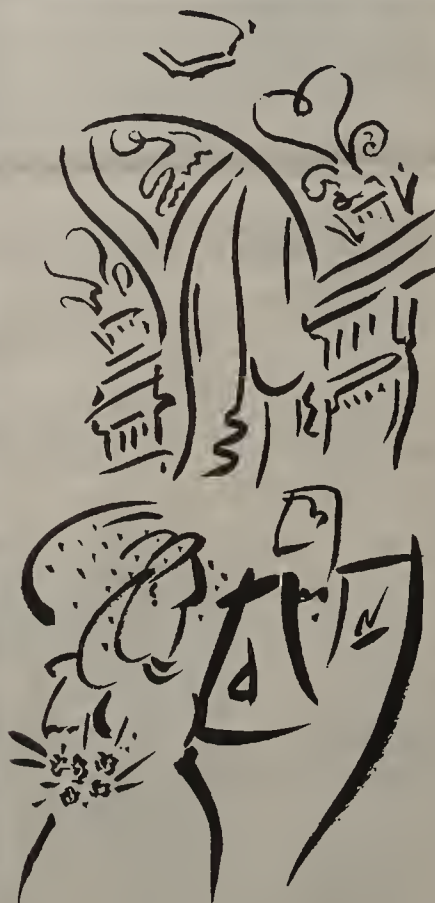
Mazal Tov to Alisa Williams on being called to the Ontario Bar on February 26, 1999. Alisa is the wife of Simon Gencher, now residing in Waterdown (Hamilton), Ontario.

It's a girl!

Froman/Goodman
Esther and Harry Froman are delighted to announce the birth of their granddaughter, Emily Samantha, to Sharin and Adam Froman, on January 25, 1999, in Toronto. Other proud grandparents are Joyce and Hy Goldfarb and Barbara and Norman Goodman of Montreal.

It's a girl!

Nicki and Prince Varma of Buffalo, New York, are thrilled to announce the birth of their daughter, Jordan Hannah on Sunday, February 21, 1999. A sister for Mackenzie and Sydney. Proud grandparents are Kayla and Alvin Mallay and Dr. and Mrs. C.P. Varma.



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ORGANIZATIONS AND PEOPLE

MAILBAG

Lack of decorum in Memorial Chapel

Dear Editor,

Having attended funerals recently in the new Memorial Chapel on Cuba Avenue, I would like to express my concern regarding the inappropriately loud noise levels. The resulting lack of decorum is not respectful of the occasion. Certain modifications could alleviate this situation.

The problem appears to originate with the physical layout. The small size of the family room at the front of the Chapel creates a bottleneck as people enter and leave, having paid their respects to the mourners. The spirited meeting and greeting creates an unseemly party atmosphere.

Perhaps the cloak room and office at the entrance of the building could be combined and reconfigured so as to offer the family members more privacy and eliminate the cacophony in the Chapel.

Alternately, perhaps there could be a return to the King Edward practice of receiving mourners in the basement. Minimally, ushers could be utilized to maintain decorum.

Although the din is of primary concern, the atmosphere could also be improved if the starkness of the white walls were modified (not to mention the green drapes).

I invite others to voice their views.

Sandra Levine Slover

Memorial Chapel, King Edward Avenue now Seventh-Day Adventist

Dear Editor,

I am disappointed at the leadership of this community in failing to preserve the historical site and beauty of the Memorial Chapel on King Edward Avenue.

The dignity of the rich wooden interior architecture brings to mind constructions that I have viewed preserved in the Israel Museum in Jerusalem.

Jews in Israel, like people of all faiths all over the world, understand the richness of preserving their houses of prayer. Imagine the logistics and dedication of the Israel Museum to search, acquire and transport synagogues around the world to Jerusalem.

Could we not have tried a little harder? I personally never saw any advertisement or publicity requesting community support for saving the King Edward premises.

If the Jewish Community Council President equates preserving that building with, as she puts it, "sentiment" requiring "deep pockets", then I must question, "Is not the conservation of art and history worthy of just such sentiment?"

Finally, we the community with our healthy bodies thriving at the bright and shiny Soloway JCC, could use some cultural guidance.

Regretfully,
Bryna P. Cohen

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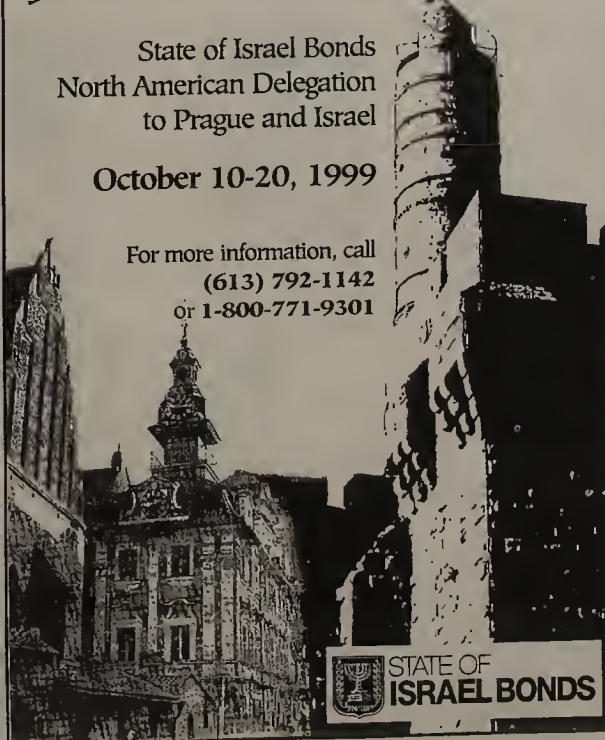
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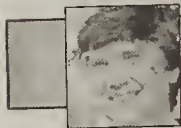
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KID LIT

Pesach 1: a feminist retelling of the Exodus story



KID LIT

DEANNA SILVERMAN

For most of us, celebrating Pesach at two Seders is the norm. But since the "feminist revolution" of the 1960s a growing number of Jewish women have been celebrating a "third" seder at which Miriam, the sister of Moses and Aaron, is given an expanded role as a Jewish heroine.

The following Passover picture book illustrates how that may be done. Borrowing from *Midrashim* and *Aggadot* to fill "gaps" in the Exodus story, author Fran Manushkin retells the familiar story with a decidedly feminist overlay.

Miriam's Cup, A Passover Story

By Fran Manushkin
Illustrated by Bob Dacey
Scholastic Press 1998
Unpagged Ages 5-9

In *Miriam's Cup* the retelling of the Exodus story is presented as a story within a story. The outer story features a modern family, the Pinskys. Their son's name is Elijah. Their daughter's, Miriam. Every year as the Seder approaches, Elijah proudly polishes the cup dedicated to his namesake prophet.

This year, as the Pinskys rush through their last minute Seder preparations, Mama suddenly calls a time-out. She has a gift for daughter Miriam but before presenting the gift Mama tells the story behind it, a story in which Moses's sister Miriam plays a key role.

The Book of Exodus credits five women with the survival of baby Moses: his mother Jocheved; two mid-wives, Shifra and Puah, who disobeyed Pharaoh's edict to kill all male

Jewish babies; Pharaoh's daughter; and Miriam.

Of these five, Miriam is the only one spoken of at different stages in the Exodus story and the only one called a "prophetess." (Miriam is also mentioned during the time in the desert but that is not relevant to this story.)

As a young girl Miriam helped conceal her baby brother's basket in the bulrushes and watched over it. When Pharaoh's daughter found the baby, Miriam offered to bring a Jewish nursemaid to care for him. The nursemaid she fetched was their mother.

Over 40 years later, during the flight from Egypt, Miriam led the women in songs of thanksgiving once our ancestors were safely across the Sea of Reeds.

In *Miriam's Cup* author Fran Manushkin fleshes out these skeletal references. Manushkin creates a loving family in which Miriam, at age six, is helpful beyond her years. Manushkin tells us that singing is Miriam's way of praising God and gives specific examples of Miriam's prophecies.

Miriam's earliest act of leadership is convincing her father to remarry her mother. They had divorced in response to Pharaoh's decree against male Jewish babies. Her first prophecy is that after their remarriage her mother would "give birth to a child who will set our people free."

Other aspects of the story reinforce Miriam's association with songs, dance, timbrels and drums. Among other things she helps keep spirits up during the hard years of slavery while Moses is living in Pharaoh's court and after he flees Pharaoh's rage.

Miriam reminds the women to take musical instruments with them as they prepare to leave Egypt. And Miriam does indeed lead the women in the "Song of the Sea," thanking God for destroying the enemy and leading our people to freedom.

In Manushkin's story God remembers and rewards Miriam. "In her honor, God created a well of clear spring water" that stayed with the people throughout their years in the



From *Miriam's Cup, A Passover Story*

desert, spewing water when called upon.

Therefore, Mama tells her Miriam, it is appropriate to designate a special goblet as *Miriam's Cup*, fill it with water, give it a place of honor alongside Elijah's cup on the Seder table and sing a song celebrating Miriam. While many readers may find that suggestion beyond the pale for the two traditional Seders, remember that at a "third" Seder innovation is the rule.

As a bonus, music and lyrics of a 1988 song celebrating Miriam written by Debbie Friedman are printed on the back cover.

Although I question the age appropriateness of some of the pictures of the biblical Miriam, Bob Dacey's watercolor illustrations are impressive. They combine intimacy and warmth with dramatic power, forming a synergistic bond with the story.

Watch for more Pesach stories in the next issue.

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Photo: "Abbey Road, from Right to Left", taken in Jerusalem, near Israel's Knesset. (Lauren Gans, Finalist, 1998 Israel Experience Photo Contest.)

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FROM SOUP TO NUTS

Simple and delicious Passover dishes

SOUP
TO
NUTS

DONNA KARLIN

Well, believe it or not it's time to plan our Passover meals. Here are some new ideas for a main course and side dishes to be used for the Seder as well as throughout the week. I will have some dessert ideas in the following Bulletin. Enjoy and have a Happy Pesach!



Chicken in Orange Sauce

- 12 chicken breast halves, skinned and boned
- 6 tbsp orange juice concentrate, thawed
- 2 cups chicken broth or water
- 6 whole cloves
- 2 3" cinnamon sticks
- Freshly ground black pepper
- Pinch cayenne pepper to taste
- 3 tsp potato starch
- Orange slices for garnish
- Parsley sprigs

In a nonstick frying pan, over medium-high heat, brown the chicken breasts on both sides in the orange juice concentrate and 1/2 cup of the broth for about 15-20 minutes. Add the cloves, cinnamon sticks, pepper, cayenne, and 1 cup of the broth. Bring to a boil. Reduce

the heat to medium-low, cover, and simmer for 7-10 minutes or until the chicken is no longer pink inside. With the remaining 1/2 cup broth, blend in the potato starch until smooth. Add this mixture to the pan and stir until the gravy thickens and begins to bubble. Arrange the chicken on a platter and pour the sauce over all or pass the sauce around to individual plates. Garnish with the orange slices and parsley. Serves 8-10.

Grated

Sweet Potato Kugel

- 6 small sweet potatoes, peeled and grated
- 3 apples, peeled and grated
- 1 cup raisins
- 1 cup matzo meal
- 2 tsp cinnamon
- 1 cup walnuts, chopped (optional)
- 1 cup fruit juice

Mix ingredients together. Press into baking dish and bake 45 minutes at 375° until crisp on top. Serves 12.



Duchesse Potatoes with Mushrooms

- 8 to 10 large potatoes, peeled, cut up
- 1 egg plus 1 egg white
- 2/3 to 3/4 cup chicken broth
- 1 tbsp plus 1 tsp parve margarine, divided
- 2 cups mushrooms, coarsely chopped
- 1 onion, coarsely chopped
- Salt and pepper to taste
- Paprika to garnish

Boil potatoes in lightly salted water to cover until tender, about 15 to 20 minutes. Drain well. Place pan with drained potatoes over high heat for a minute or two to evaporate any excess moisture. Mash potatoes until

smooth. Beat in egg and add just enough broth to moisten. (Amount of broth needed will depend on the size of the potatoes and how dry they are when you mash them.) Add 1 tbsp margarine. Season with salt and pepper. Mixture should be firm enough to pipe through a pastry bag. Sauté mushrooms and onion in remaining margarine. (This can be done in a non-stick pan.) Season lightly with salt and pepper.

Place potato mixture in a large pastry bag fitted with a large star tube. Pipe into mounds on a lightly greased foil-lined baking sheet, leaving a small opening in the centre of each mound for the mushroom mixture.

Spoon in some cooked mushrooms. Sprinkle lightly with paprika. Bake uncovered at 400° for 20 minutes or until golden. Makes 8 to 10 servings. Reheats well. Do not freeze.

Note: If you do not have a pastry bag, spread half of potato mixture evenly in the bottom of a greased 2-quart casserole. Spread mushroom mixture evenly over potatoes. Top with remaining potato mixture. Sprinkle with paprika. Bake at 400° for 25 to 30 minutes, until golden.

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Cheese Blintzes

Batter

- 3 eggs
- 1/2 tsp salt
- 3/4 cup matzah cake meal
- 1 tsp butter
- 1 1/2 cups milk

Melted butter or margarine for frying

Place all batter ingredients in processor work bowl with metal blade and process for 10-15 seconds. Transfer to bowl and refrigerate for 1 hour. Process filling ingredients for 10-15 seconds, scraping sides of bowl as necessary. Place in refrigerator while making crepes. Heat a 6-inch frying pan on medium-high. Brush lightly with melted butter. Pour in just enough batter to cover bottom of pan. Fry on one side only for 30-40 seconds, until no moisture remains on top of the crepe. Turn out on a board covered with a clean towel, rapping bottom of pan to loosen if necessary. Repeat until all batter is used up. For each blintz, place about 1 1/2 tsp of filling on the browned side, halfway between the centre and the edge. Fold the bottom and side edges of the crepe over the filling, then roll away from you like a jelly roll. Heat butter in a large skillet and brown blintzes over medium-high heat until golden. Serve with Astro sour cream, cinnamon-sugar or preserves. Makes 16-18.

Sweet Cheese Filling

- 8 oz carton Astro cottage cheese
- 7 1/2 oz container Astro cream cheese
- 1 egg
- 1/2 tsp each sugar, cinnamon
- 1/4 tsp nutmeg
- 1/4 cup white raisins

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ORGANIZATIONS AND PEOPLE

THE WORLD

Jewish community faces prospect of synagogue closing

(Continued from page 11)

Myron says. "In wintertime most of the Jews leave for Florida."

Glance Bay, which Myron points out was once the largest town in Canada, has gone the way of many Canadian small towns whose Jewish population, in mid-century, comprised predominately retailers. As the offspring of these pioneering entrepreneurs graduated university they settled in

larger, more central communities, leaving their hometown Jewish populations greatly diminished.

Given the situation, it is not surprising that the Glance Bay synagogue, once filled to capacity on the High Holy Days and Yom Tovim year-round, is on the threshold of closing permanently - a prospect the legion of transplanted congregants is struggling to accept.

"It's very hard to believe," says Myron, 55, who still remembers the days when the congregation's women, stylish in their Yom Tov finery, sat in the balcony looking down on the sea of tallisim-draped men davening below.

"That was the shul all us Glance Bay kids grew up in," he says nostalgically. "My Bar Mitzvah was the first one held in the shul just after it had been refurbished. Every time I go back for Yom Tov I experience my childhood all over again."

And go back he has. For the past three years Myron, his wife, Marlene, and whichever of their three geographically-dispersed sons is able to oblige, faithfully have boarded an east-bound jet to augment the congregation and daven Rosh Hashanah in Glance Bay's Congregation Sons of Israel.

"This Rosh Hashanah may be the last we'll spend in Glance Bay," Myron says sadly. "The Talmud Torah building beside the shul

is leased to an acting group and the word over the last couple of years is that the community will have to close down the shul. I only hope it won't be done this year."

Myron says a number of people with strong roots in the Maritimes have expressed their intention to daven Rosh Hashanah 5760 in the Glance Bay synagogue.

High Holy Days services at Congregation Sons of Israel are conducted by a rabbi who is hired by the community for the Yom Tov. During the year, a 'roaming rabbi', provided by the Atlantic Jewish Council, goes where he is needed.

The coming New Year services may prove to be bittersweet for Myron Cherun and Glance Bay's Jewish sons and daughters. But the memories of a happy childhood spent in the bosom of a close-knit community gathered to pray in their own small synagogue will remain with them all their days.

The last Jews of Lublin

(Continued from page 12)

survivors. The town and its Jewish population swelled to a post-war maximum of 5,000. But when a pogrom was waged against Jews returning from the camps to the nearby town of Kielce, most of the Jews in turn left Lublin.

Another wave of immigration in the 1950s and again in 1968 (a result of an anti-Semitic campaign launched by the communist authorities) caused yet another drop in the size of Lublin's Jewish community.

Today, most survivors in this small Jewish community depend on JDC cash assistance and medications for survival. Manlio Dell'Ariccia, JDC country director for Poland, tells how the survivors share similar personal histories, but he likes to recount the story of one special Lubliner: Jozef Honig.

Honig begins by recalling his "typical shtetl life" in Piaski, a small town near Lublin, in the years before the war. When Piaski fell to the Nazis, Honig fled the ghetto and survived in the Polish countryside. He was eventually caught and sent to a concentration camp, but escaped in a carriage filled with victims' clothing and went on to join the Jewish partisans.

Honig survived the war and returned to Piaski afterward, only to have local residents greet him and other survivors with a pogrom that killed his father and brother. Honig rebuilt his life in Lublin and married twice, once to a Jewish woman and once to a Pole. He lost his children to illness.

A pensioner since 1968, Honig has always been active in Jewish life and was the last chairman of the local gemina (community) - that is, before the small town of Lublin became officially subsumed within the Warsaw Jewish community. Today, he lives in a small apartment with his wife and serves as the caretaker for Lublin's old Jewish cemetery, which was recently vandalized.

Despite his illness, he has a good sense of humor and fondly remembers a visit to Israel seven years ago as "the only good thing in my life. It is the best place for every Jew to live."

Dell'Ariccia believes that "in communities such as Lublin, where there is such a rich Jewish past, JDC is obliged to do all it can to help the last surviving members."

Activities of the JDC are funded by the regular campaigns of the United Jewish Appeal.

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FOUNDATION DONATIONS

The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following as at February 17, 1999.

RUTH AND IRVING AARON FUND

Mazal Tov and best wishes to Abe Feinstein on receiving the Carleton Medal by Ruth and Irving Aaron; by Carol, Gord, Michael, David, Joseph and Katie Sussman; by Michelle, Jeffrey and Eli Aaron; and by Leslie and Lisa Aaron.

ROSE AND LOUIS ACHBAR MEMORIAL FUND

In memory of Cecilia Rosman by Murielle DeLorme.

JENNIE AND ISADORE L. AARON MEMORIAL FUND

In memory of Louis Aaron by Dundi and Lyons Sachs.

BARRY AND RICKI BAKER FUND

Mazal Tov to Paula and Manny Agutrik on the engagement of their son Mark by Allan and Alyce Baker.
In memory of Terry Levine's mother by Alyce, Allan, Michael and Lauren Baker.

In memory of Jack Hymes by Allan and Alyce Baker.
In memory of Sharon Steven's mother by Allan and Alyce Baker.

IRVING AND ESTHER BELLMAN MEMORIAL FUND

In memory of Henri Hadida's father by Nicola Hamer and Mitchell Bellman.

JACOB AND BERTHA BOOKMAN MEMORIAL FUND

Mazal Tov to Dorothy and Herb Nadolny on the birth of their granddaughter Samantha Cowley by Millie and Percy Weinstein.

RUTH AND EARL BUTOVSKY ENDOWMENT FUND

In memory of Harry J. Levitan by Barbara Sobcov.

HY AND RUTH CALOF ENDOWMENT FUND

Mazal Tov to Hy and Ruth Calof on the marriage of their son Ron to Trisha by Gerald and Hannah Halpern.

BENES AND SARAH CANTOR ENDOWMENT FUND

In memory of Katie Halpern by Pearl Teller and family.
Mazal Tov to Kevin and Jessica Cantor on the birth of their twin daughters by Cindy and Charles Schachnow.

CARLOFSKY FAMILY EDUCATIONAL FUND

In memory of Anne Fleisher by Shelley, Gary and Jamie Berezin; and by Roz and Amie Kimmel.

HOWARD, JEFFREY, ANDREW, MICHAEL, GREGORY AND ZACHARY COGAN SCHOLARSHIP FUND

In memory of Samuel Maron by Fred and Lisa Cogan, Howard, Jeffrey, Andrew, Michael, Gregory and Zachary.
Mazal Tov to Sheila and Ted Barkun on the engagement of their daughter Anene to Matthew by Fred and Lisa Cogan, Howard, Jeffrey, Andrew, Michael, Gregory and Zachary.
In memory of Katie Halpern by Fred and Lisa Cogan, Howard, Jeffrey, Andrew, Michael, Gregory and Zachary.

CRACOWER FAMILY FUND

In memory of Dora Feder by Allan and Naomi Cracower.
In memory of Katie Halpern by Allan and Naomi Cracower.
In memory of Malca Wexler by Allan and Naomi Cracower.

NAT EDELSTEIN MEMORIAL FUND

In memory of Ericka Heilwell by Doris Edelstein; and by George Edelstein.

LESLIE AND CORNELIA ENGEL ENDOWMENT FUND

In memory of Leslie Engel by Dr. Joan Whitfield and family; by Dr. Bill and Jane James; and by Satty and Morton Teller.

BENJAMIN AND FREDA FEINSTEIN ENDOWMENT FUND

Mazal Tov and best wishes to Abe Feinstein on receiving the Carleton Medal by Benjamin Feinstein.

HARRY FINE MEMORIAL FUND

In memory of Katie Halpern by Adrienne and Chuck Shabsove and family; and by Sara and Hugh Shabsove.
In memory of Alan Evenchick by Sara and Hugh Shabsove.

ALFRED AND KAYSA FRIEDMAN ENDOWMENT FUND

In memory of Gary Weiss' mother by Alfred and Kayse Friedman.

SAMUEL AND IDA GAFFEN ENDOWMENT FUND

Mazal Tov to Marion Silver on her 50th birthday by Ida Gaffen and family.

STAN AND LIBBY GLUBE FAMILY FUND

In memory of Rose Brown by Ardena and Norman Glube,



TWENTY
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5735-5760

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Jewish Community Foundation Donations

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How to open a fund

*As My Fathers
Planted for Me
Before I was Born
So do I Plant for Those
Who Will Come After Me*

Purpose of the Ottawa Jewish Community Foundation (OJCF)

The purpose of the OJCF is to support the financial needs of local beneficiary agencies. The OJCF is an endowment fund supported by tax deductible donations. The funds are invested in perpetuity; only the net income is distributed annually to our beneficiary agencies.

**How do you invest
in our community's future?**
Simple.

**First you establish
an Individual, Family
or Memorial Fund:**

- Donate a minimum of \$1000 and get a tax receipt.
- Sign an endowment agreement with the OJCF.

**Second, make
some contributions
and get more tax receipts.**

Once a fund is established contributions can be made for any amount at any time. Cards for a specific occasion can be sent to the recipient in recognition of the contribution. These monies will be added to the designated fund.

**Third, decide how to spend
the interest
from your investment.**

Parties that establish funds have the privilege of allocating the gener-

ated income to the charity or charities of their choice during their lifetime. The only restriction would be that the recipient charity must have a Canadian Registration Number for Revenue Canada. The OJCF encourages the recipient charities to be among the Ottawa Jewish Community's beneficiary agencies.

If you are interested in or have any questions regarding the opening of a fund or other gift plans, contact Executive Director Gordon Roston (798-4696, ext. 272).



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ANN GLUZMAN MEMORIAL FUND

In memory of Susan Weiner's father by Ingrid, Gerry, Stephanie and Naomi Lavitz.

GEDRGE AND MARY GOLDBERG ENDOWMENT FUND

In observance of the Yahrzeit of a dear mother and grandmother Ettel Goodfield Eskin by Mary Goldberg and family.

EVA, DIANE AND JACK GOLDFELD MEMORIAL FUND

Mazal Tov to Bev and Danny Cantor on the engagement of their son Noah to Donna Caplan by Morley Goldfield and family.

In observance of the Yahrzeit of an old friend Hymie

Whitzman, father of Judie Ross and Marcia Hubley, by Morley Goldfield.

JACK AND GERT GOLDSTEIN FUND

In memory of Katie Halpern by Ed and Betty Rose.

BARBARA AND SIDNEY GREENBERG FUND

Best wishes to Barbara Greenberg on her special birthday by Libby and Stan Katz.

LARRY AND SHEILA HARTMAN FUND

In memory of Katie Halpern by Larry and Sheila Hartman.

In memory of Sid and Ethel Hartman's daughter, Cynthia, by Arnell and Simone Goldberg.

HILLEL ACADEMY FUND

In memory of Gert Feller by Shelley, Gary and Jamie Berezin.

Mazal Tov to Ghita and Lerry Segal on the birth of their son by Andrea, John, Morgan and Jordan Zagerman.

In memory of Klara Klein by Andrea, John, Morgan and Jordan Zagerman.

HILLEL LODGE LEGACY FUND

In memory of Katie Halpern by the Manne family; and by Marcia Seipe.

With appreciation to Alyce Baker by Arnie and Sarah Swedler.

DOROTHY AND HY HYMES FUND

In memory of Jack Hymes by Tracy and Bruce Weinstein; by Dundi and Lyons Sachs; and by the Manne family.

JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND

In memory of Katie Halpern by Mr. and Mrs. Charles Koffman; and by Jenn Kassie and Matthew Stein.

In memory of Arthur Litwin by Barbara and Mickey Breslow.

In memory of Harry Horwitz by Dundi and Lyons Sachs.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND

In memory of Gert Feller by Isabel and Norman Lesh.
In memory of Katie Halpern by Isabel and Norman Lesh.
In memory of Zeldie Roodman by Isabel and Norman Lesh.

In memory of Frances Galtman by Amie and Roslyn Kimmel and family.

JACOB AND ESTHER KIZELL MEMORIAL FUND

In memory of Many Greenspon and Sonya Miller by Frances Rubin.

KOVOD FUND

In memory of Katie Halpern by Bill and Phyllis Leith.
In memory of Henri Hadida's father by Board and Staff Ottawa Jewish Community Foundation, United Jewish Appeal and Ottawa Vaad Ha'Ir.

KRANTZBERG KRANE FAMILY FOUNDATION

Congratulations to Evelyn Greenberg on all her wonderful accomplishments by Evelyn Krane.

HARRY LEIKIN MEMORIAL FUND

Mazal Tov to Mr. and Mrs. Benjie Steinberg on their 40th wedding anniversary by Libby and Stan Katz.

In memory of Katie Halpern by Barbara and Len Farber.
In memory of Dora Feder by Barbere and Len Farber.

Mazal Tov to Rhoda and George Caplan on the engagement of their daughter Donna to Noah Cantor by Barbara, Len, Steven and Michael Farber.

Mazal Tov to Bev and Danny Cantor on the engagement of their son Noah to Donna Caplan by Barbara and Len Farber.

HARRY AND FRIEDA LEVITAN FUND

Mazal Tov to Frieda Levitan on her 80th birthday by Estelle and Sol Gunner.

Mazal Tov and best wishes to Mitchell Bellman and Nicole Hamer on the birth of their son, Noah Eian, by Ron and Ruth Levitan.

JOSEPH AND JEAN LICHTENSTEIN FUND

In memory of Marv Baum by Howard, Barbara, Erica and Lorna Geller.

In memory of Klara Klein by Howard, Barbara, Erica and Lorne Geller.

SAMUEL AND LEEMA MAGIDSON FUND

Congratulations to Stan Magidson on his appointment to the Ontario Security Commission by Roslyn, Amie, Lisa and Michael Kimmel.

Continued on page 18

David, Eric and Stephanie.

In memory of Katie Halpern by Ruth and Harry Fleisher; and by Malcolm and Vera Glube.

In memory of Hortense Leichman by Malcolm and Vera Glube.

Congratulations to Ben and Dorothy Greenberg on the birth of their granddaughter, Olivia Eve, by Vera and Malcolm Glube.

Best wishes to Harry Fleisher on his 80th birthday by Bev, Bryan, Allison and Robbie Glube; by Sylvia and Myer Goldin; and by Libby Glube.

Mazal Tov to Ruth and Harry Fleisher on their 55th wedding anniversary by Bev, Bryan, Allison and Robbie Glube; and by Sylvia and Myer Goldin.

FOUNDATION DONATIONS

Wishing Anne Mirsky continued good health by Roslyn, Amie, Lisa and Michael Kimmel.

In observance of the Yahrzeit of a dear husband, father and grandfather Samuel Magidson by Leema, his children and grandchildren; and by Larry Weisz.

Mazal Tov to Dr. and Mrs. Leslie Goldenberg on Jenna and David's Bat Mitzvah by Roslyn, Amie, Lisa and Michael Kimmel.

DAVE, LOUIS AND LAZ MIRSKY FUND

In memory of Cecilia Rosman by Laz and Sybil Mirsky.

HERBERT AND DOROTHY NADOLNY FUND

In memory of Sam Nadolny by Dundi and Lyons Sachs.

JEAN AND MAX NAEEMARK FAMILY FUND

Belated best wishes to Cathy Toronto on her birthday by Jean and Max Naemark and family.

JEAN AND KURT ORLIK FAMILY FUND

In observance of the Yahrzeit of a dear mother and grandmother Jean Orlik by Julie, Jeff, Neil and Gary Fine.

Happy birthday wishes to Mollie Fine by Julie, Jeff, Neil and Gary Fine.

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DF CANADA FUND

Congratulations and best wishes to Mel Goldberg for a successful term of office as new post commander of the Ottawa Jewish War Veterans by Morton and Sally Teller.

JOSEPH PETIGORSKY MEMORIAL FUND

Wishing Melce Kahansky a r'fuah sh'leimah by Miriam Petigorsky.

In memory of Cecilia Rosman by Miriam Petigorsky.

JACK AND MIRIAM PLEET FUND

Mazal Tov to Dorothy and Herb Nadolny on the birth of their granddaughter Samantha Cowley by Miriam and Jack Pleet.

NORMAN AND EVELYN POTECHIN FUND

Best wishes to Miriam Gordon for a speedy recovery by Evelyn and Norman Potechin.

Best wishes to Mary Potechin on her birthday by Evelyn and Norman Potechin and family.

Best wishes to Dariah Potechin on her birthday by aunt Evelyn and uncle Norman Potechin.

Congratulations to Mary and Len Potechin on their wedding anniversary by Evelyn and Norman Potechin.

ISSADRE AND ROSSIE ROSE FUND

Mazal Tov to Rossie and Issie Rose on the birth of their

grandchildren by Barbara and Len Farber.

FLORENCE AND GDALYAH ROSENFELD FUND

In memory of Louis Simms by Florence and Gdalyah Rosenfeld.

In memory of Myrna Potechin by Florence and Gdalyah Rosenfeld.

Congratulations to Mary D'Alton on being chosen Kitchener-Waterloo 1998 Citizen of the Year by Florence and Gdalyah Rosenfeld.

SAMUEL AND RUTH ROTHMAN MEMORIAL FUND

Get well wishes to Bernard Krupp by Sheldon and Corinne Taylor and family; and by Jerry and Barbara Taylor.

RUTH SADAVA MEMORIAL FUND

In memory of Geri Feller by William Bloom.

In memory of Harry Horwitz by William Bloom.

HELEN AND RUDY SAPE ENDOWMENT FUND

In memory of Malca Wexler by Marcia Saipé and Ted Miller.

In memory of Geri Feller by Marcia Saipé.

In memory of Zaida Roodman by Marcia Saipé.

In memory of Ruth Leikin by Marcia Saipé.

In memory of Cecilia Rosman by Helen Saipé.

HARRY AND FRANCES SAXE FUND

In memory of Harry Horwitz by Carole and Norman Zagerman.

In memory of Ruth Leikin by Carole and Norman Zagerman, Laurie Aron and Andrea Aron; and by Frances Saxe.

In memory of Alan Evenchick by Carole and Norman Zagerman.

In memory of Jack Hymes by Frances Saxe; and by Carole and Norman Zagerman, Laurie Aron and Andrea Aron.

DR. NATHAN AND TESSE SCHECTER FUND

In observance of the Yahrzeit of a beloved mother Mindel Schechter by Ann Schechter.

In observance of the Yahrzeit of a beloved brother Jack Schechter by Ann Schechter.

LAYA AND SIDL SHABINSKY FAMILY FUND

Mazal Tov to Laya and Sid Shabinsky on the birth of their granddaughter by Sarah and Amie Swedler.

ABRAHAM AND MARY SHAFFER MEMORIAL FUND

Wishing Morton Baslaw a speedy recovery by Milton and Sarah Shaffer.

In memory of David Rosenes by Milton and Sarah Shaffer.

SOL AND ZELAINE SHINDER FUND

In memory of Katie Halpern by Sol and Zelaine Shinder.

Mazal Tov to Simmy and Charles Gardner on the engagement of their daughter Andrea to Paul Thompson by Zelaine and Sol Shinder.

In memory of Frances Galtman by Zelaine and Sol Shinder.

RUTH AND HYMAN SOLOWAY FAMILY FUND

Best wishes to Benjamin Feinstein on his 100th birthday by Ruth and Hy Soloway.

BDBBY STEINBERG MEMORIAL FUND

With appreciation to Rabbi Reuven Bulka by Jane, Jesse and Conor Steinberg.

JAY B. TALLER MEMORIAL FUND

In memory of Harry Feldbaum by Sally and Morton Teller.

RUTH TALLER MEMORIAL FUND

In memory of Samuel Maron by Mendy Teller.

In memory of Ben Schwartzman by Mendy Teller.

With deep sympathy to Marvin Rosenshein on the loss of his daughter Tara by Steven Kerzner.

SAMUEL AND ANNE TALLER FUND

Best wishes to Etie Viner on her special birthday by Anne Teller; by Marilyn, Lori and Wendy Wasserman; by Enid, Jeff, Andy, Jill and Mami Gould; and by Rhoda, Jeff, Abbey and Zack Simbrow.

In memory of Dorothy Raichman by Anne Teller, Marilyn, Enid and Rhoda.

In memory of Katie Halpern by Marilyn, Lori and Wendy Wasserman.

SAUL AND FANNY TANNER MEMORIAL FUND

In memory of Betty Kohn by Linda and Stephen Weiner, Brian and Shelley Weiner and Carol-Anne Weiner; and by Minerva Cohen.

STEPHEN AND GAIL VICTOR FUND

In memory of Jack Hymes by Gail and Stephen Victor.

Mazal Tov to Dorothy and Herb Nadolny on the birth of their granddaughter Samantha Cowley by Gail and Stephen Victor, Andrea, Jodie and Jeff.

Wishing Herb Gray a r'fuah sh'leimah by Gail and Stephen Victor.

Mazal Tov to Donna Caplan and Noah Cantor on their engagement by Gail and Stephen Victor, Andrea, Jodie and Jeff.

HAZE WAINBERG FAMILY FUND

In memory of Anne Anchel by Haze Wainberg and family.

Congratulations to Pamela and Stanley Lips on the birth of their first grandchild, Mikayla Faith, by Haze Wainberg.

In memory of Gordon Rodgers by Haze Wainberg.

JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND

Best wishes to Bruce Weinstein on his special birthday by uncle Larry and aunt Yetta Aron.

Mazal Tov to Dorothy and Herb Nadolny on the birth of their granddaughter Samantha Cowley by Larry and Yetta Aron.

Best wishes to Harry Wise on his special birthday by Larry and Yetta Aron.

In memory of Jack Hymes by Larry and Yetta Aron.

INEZ AND JOSEPH ZELIKOVITZ FUND

In memory of Zaida Roodman by Inez Zelikovitz.

NATHAN, DAVID AND MAX ZELIKOVITZ FAMILIES FUND

Best wishes to Sheila Mandel on her special birthday by Marlene Burack and Judy Schneideman.

In memory of David Rosenes by Marlene Burack.

In observance of the Yahrzeit of a beloved father and grandfather Nathan Zelikovitz by Marlene Burack, Howard and Neil; and by Judy Schneideman and family.

Contributions may be made by phoning Kayla Mallay at 798-4696 extension 274, Monday to Friday anytime. We have voice mail. Our e-mail address is ojc@jccottawa.com. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. We accept Visa and MasterCard.



TWENTY
FIVE
YEARS
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"I am so grateful Hillel Lodge is here for me" says Eva Epstein

(Continued from page 1)

I am so grateful it is here for me. I have enjoyed every minute of my life here."

The modest Mrs. Epstein fails to allude to her years of dedicated service to the Lodge as a volunteer and board member. She ably served as the board's secretary in the late '70s and early '80s.

Eva Epstein is looking forward to taking up residence in the new Bess and Moe Greenberg Family Hillel Lodge in the Joseph and Inez Zelikovitz Long Term Care Centre on the Broadview Jewish Community Campus.

"Besides the Jewish atmosphere, we will have easier access to so many recreational and social opportunities," she says happily.

Indeed they will. Once the new seniors' facility is located on the Campus, residents easily will share in community simchas via an underground tunnel leading directly into the Joseph and Rose Ages Family Building. The Jewish communal family will be complete.



Eva Epstein with Moishele Fogel

The Community Capital Campaign has launched the final thrust of its fund-raising efforts to raise \$1.5 million that will see a state-of-the-art Jewish Home for the Aged rise on the Jewish Community Campus. For our deserving community elders, for the deserving elders we will become, please respond generously.

In Appreciation

I wish to acknowledge with grateful appreciation the many donations and kind expressions of sympathy on the loss of my beloved wife Zaida. Due to my own illness, I have not been able to write to everyone personally, but please be assured how much your thoughtfulness has meant to me.

Herman Roodman



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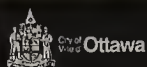
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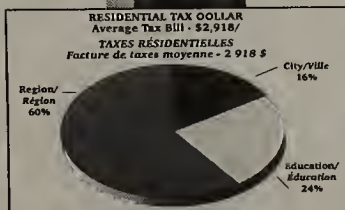
Good News Budget for 1999

Over the past two years, the City of Ottawa has had to reinvent itself. The urgency for action was largely brought on by the spending decisions of previous councils, as well as a lack of firm planning and financial discipline by the Corporation. In addition, the City was subjected to unprecedented tax and assessment reform sponsored mainly by the provincial government. The following represents some key highlights of comparison between the 1996 budget and the 1999 budget:

	1996	1999
1. Staff	2204	2005
2. Uncollected Taxes	\$50M	\$40M
3. Outstanding Debt	\$176M	\$137M
4. Debt Financing	\$36M	\$31.2M
5. Temporary Borrowing (Peak)	\$55M	Nil

Despite all of the changes, the City of Ottawa managed to prevent a tax increase and stick to a policy of no new debt over the past two years. In addition, we have reduced operating costs by more than \$33 million since 1996. All of this was accomplished with an effort to preserve our current service levels and programs.

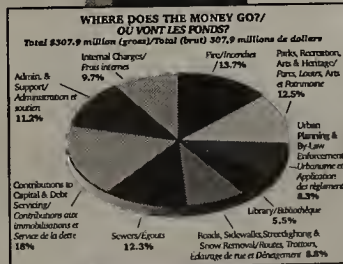
This year marked the first of many years in which the City has approved a budget with no planned staff reductions. This result could only be accomplished with a well-planned strategy and tough financial management by both Council and staff. Having said that, the Corporation's financial performance is still very much a work-in-progress. Although the City is now pointed on a more positive course, we still have work to do to achieve the overall goals of full financial stability.



HIGHEST OEST PER CAPITA (1996)/ DETTE LA PLUS ÉLEVÉE PAR HABITANT (1996)

Debt per capita/ Dette par habitant (1996)	Rank/Rang (among 71 municipalities/ parmi 71 municipalités)
Ottawa	934.34
Kanata	712.95
Gibsonville	455.17
Nepean	388.79

Source: DBRS survey/
Source: sondage DBRS



Budget de 1999 : de bonnes nouvelles

Au cours des deux dernières années, la Ville d'Ottawa a dû se réinventer. Le besoin pressant d'agir était attribuable en grande partie aux dépenses approuvées par les conseils municipaux antérieurs ainsi qu'à un manque de planification rigoureuse et de discipline sur le plan financier de la part de l'organisme. En outre, la Ville a été visée par une réforme sans précédent de l'imposition et de l'évaluation foncière entreprise principalement par le gouvernement provincial. Le tableau ci-dessous présente certains points importants de comparaison entre le budget de 1996 et celui de 1999 :

	1996	1999
1. Effectif	2 204	2 005
2. Taxes non perçues	50 M\$	40 M\$
3. Encours de la dette	176 M\$	137 M\$
4. Financement par emprunt	36 M\$	31,2 M\$
5. Emprunts temporaires (point max.)	55 M\$	Aucun

Malgré tous les changements, la Ville d'Ottawa a réussi à éviter une hausse de taxes et à se conformer au principe du refus de tout nouvel endettement durant les deux dernières années. De plus, nous avons réduit les frais de fonctionnement de plus de 33 millions de dollars depuis 1996. Cette réussite a été obtenue sans que soit diminué le niveau actuel de nos services et programmes.

C'est la première fois depuis de nombreuses années que la Ville approuve un budget qui ne comporte aucune réduction de l'effectif. Ce résultat n'a pu être obtenu que grâce à une stratégie bien planifiée et à la solide gestion financière du Conseil et du personnel. Cela dit, le rendement financier de la Ville demeure à l'heure actuelle un travail en voie d'exécution. Bien que la Ville vise maintenant une orientation plus positive, il nous reste beaucoup à faire pour atteindre notre objectif global, qui est la stabilité financière.

MARCH BREAK IN THE CITY!

We know how choosy kids are. We also know that we are really good at what we do. Our customers have told us!

Community Centre Day Camps

We guarantee a great break for your kids with an action-packed week of swimming, sports, outdoor activities, arts, crafts, field trips and fun at your community centre. Our excellent staff have it all planned in a safe and caring environment. To register for the program of your choice, contact your community centre for all the details.

Specialty Camps

City of Ottawa Arts, Dance and "Page to Stage" Camps introduce children to a variety of cultural experiences. Aquatic Sports, Junior Lifeguard, "Fun For All Sports Camp," Basketball, Combo Conditioning, Sport and Swim and even Tae Kwon Do Camp are just a few opportunities for kids to try.

For further information, please call: 244-5300, ext. 4057



LE CONGÉ DE MARS À OTTAWA!

Nous savons à quel point les enfants peuvent être exigeants. Nous savons aussi que nous sommes vraiment compétents : ce sont nos clients qui nous l'ont dit!

Camps de jour dans les centres communautaires

Nous garantissons que le congé des enfants sera passionnant en leur offrant une semaine remplie d'action comprenant natation, sport, activités de plein air, art et artisanat, excursions et beaucoup de plaisir à votre centre communautaire. Notre excellent personnel a planifié tout un programme dans un milieu sécuritaire et amical. Pour inscrire votre enfant au programme qu'il préfère, communiquez avec votre centre communautaire et informez-vous des détails.

Camps spécialisés

Les camps d'art et de danse et le camp d'art dramatique Page to

Stage de la Ville d'Ottawa présentent aux enfants diverses expériences culturelles. Les camps de sports aquatiques, de basket ball, de conditionnement mixte et même de taekwon do, le camp de sauvetage Junior Lifeguard, le camp sportif Fun For All et le Camp aquatique et sportif ne représentent que quelques-unes des possibilités que les jeunes peuvent essayer. Pour de plus amples renseignements, prière de téléphoner au 244-5300, poste 4057



244-5300

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Israeli Film Festival • Mar. 20

COMMUNITY CALENDAR



MONDAY, MARCH 8	TUESDAY, MARCH 9	WEDNESDAY, MARCH 10	THURSDAY, MARCH 11	FRIDAY, MARCH 12	SATURDAY, MARCH 13	SUNDAY, MARCH 14
<p>Golden Agers/Friendship Club Meeting on Fraud with the Ottawa Police, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.</p>	 <p>Drop-In Bridge, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>École Maimonides Art Auction, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 6:30 p.m.</p> <p>ECE Parent Information Evening, Hillel Academy, 881 Broadview Avenue, 7:30 p.m.</p>	<p>Interdating and Inter-marriage, three-part series presented by JSU - Hillel and Jewish Family Services, Jewish Family Services, Room 232, 1774 Kerr Avenue, 7:30 p.m.</p>	<p>Drop-in Bridge, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>Duplicate Bridge, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 6:45 p.m.</p>	<p>Growing Tree Nursery School, Drop-In Shabbat Program, Agudath Israel Congregation, 1400 Coldray Avenue, 9:30-11:30 a.m.</p> <p>Ganon Pre-School, Shabbat Shalom Drop-In, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 9:00-11:00 a.m.</p> <p>Tiny Treasures Shabbat for Tots Drop-In-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.</p> <p>"Shabbat Across America/Canada" Shabbat Dinner, Young Israel of Ottawa, 627 Kirkwood Avenue, 5:30 p.m.</p>		
				 <p>CANDLELIGHTING BEFORE 5:47 PM</p>		
MONDAY, MARCH 15	TUESDAY, MARCH 16	WEDNESDAY, MARCH 17	THURSDAY, MARCH 18	FRIDAY, MARCH 19	SATURDAY, MARCH 20	SUNDAY, MARCH 21
<p>March Break Camp, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 8:30 a.m. - 4:00 p.m. (continues until March 19).</p> <p>Golden Agers/Friendship Club, "Surf the Internet", The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>Soloway Jewish Community Centre Concert Band Practice, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.</p> <p>Judale Studies Competition, Grades 6,7,8, Hillel Academy, 881 Broadview Avenue, 7:30 p.m.</p>	<p>Drop-In Bridge, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>The Greenberg Families Library presents David Valsbord discussing his new film "Mitscha", The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:00 p.m.</p>	<p>Information Evening, Topic: Bone Marrow Transplants, Canadian Blood Services, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 7:30 p.m.</p> <p>Interdating and Inter-marriage, three-part series presented by JSU - Hillel and Jewish Family Services, Jewish Family Services, room 232, 1774 Kerr Avenue, 7:30 p.m.</p>	<p>Jewish Active Singles, Lecture: The Structure of the Citizen, speaker Don Butler, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 10:00 a.m. - 12:00 p.m.</p> <p>Drop-in Bridge, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 1:00 p.m.</p> <p>Duplicate Bridge, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 6:45 p.m.</p>	<p>Ganon Pre-School, Shabbat Shalom Drop-In, The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 9:30-11:00 a.m.</p> <p>Tiny Treasures Shabbat for Tots Drop-In-Centre, 192 Switzer Avenue, 9:30-11:30 a.m.</p>	 <p>Israeli Film Festival, Two Films: Pick a Card and Minor Canadian Museum of Civilization, 100 Laurier Street, Hull, 7:30 p.m.</p>	<p>The Greenberg Families Library presents the award-winning Israeli film "Underdogs", (Hebrew with English subtitles), The Joseph and Rose Ages Family Building, 1780 Kerr Avenue, 3:00 p.m.</p>
				 <p>CANDLELIGHTING BEFORE 5:57 PM</p>		

This information is taken from the community calendar maintained by the Soloway Jewish Community Centre. Organizations which would like their events to be listed, no matter where they are to be held, should make sure they are recorded by Brenda Schafer, calendar co-ordinator at 798-9818 extension 265. We have voice mail. Accurate details must be provided.


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Condolences

Condolences are extended to the families of:

Sydney Abbey
Sally Bailey, Montreal (mother of Brian Bailey)
Fay Gomberg, Montreal (mother of Laura Gomberg Vernon)
Haim Hadida, Montreal (father of Henri Hadida)
Robert Magill, London, Ontario (father of Marlene Cohen)

Charles Michaels, Montreal (brother of Rose Stein)
Esther Padolsky
Betty Robinson
May their memories be a blessing.

The CONDOLENCE COLUMN is offered as a public service to the community.

There is no charge. For a listing in this column, please call Kayla Mallay • 798-4696, ext. 274. Voice mail is available.

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